

pharmagel®



PROFESSIONAL INSTRUCTION MANUAL

Pharmaceutical Grade Anti-Aging Skin Care
Nature's Prescription For Radiant Skin...At Any Age

REPAIR • PREVENT • REVERSE

REPAIR Skin Damage **PREVENT** Future Aging **REVERSE** the Aging Process

20 REASONS WHY YOU SHOULD USE PHARMAGEL PRODUCTS

1. *Pharmaceutical Grade Ingredients*
2. *Dermatologist/Esthetician Used and Recommended*
3. *Focused on Skin Preservation and Repair*
4. *Promotes Anti-Aging and Cellular Renewal*
5. *All Natural, Technologically Advanced Formulas*
6. *Full Line of Rejuvenating Skin Treatment Formulas*
7. *Noncomedogenic Formulation (Will Not Clog Pores)*
8. *Hypoallergenic*
9. *Lanolin-Free and Mineral Oil-Free*
10. *PABA-Free Sunscreen*
11. *For All Skin Types*
12. *For All Age Groups*
13. *High Quality at Outstanding Prices*
14. *No Animal Ingredients; No Animal Testing*
15. *Immediate Results*
16. *Fragrance-Free or All Natural Fragrance Formulas*
17. *pH Balanced Formulas*
18. *Attractive, Contemporary Packaging*
19. *Three Year Shelf-Life*
20. *Recognized and Sold Around the Globe!*

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YOUNGER, HEALTHIER SKIN

Pharmagel International Laboratories' new generation of specialized skin treatments is formulated with pharmaceutical grade ingredients that are remarkably effective and have immediate and lasting results. Rarely seen in cosmetic formulations, Pharmagel's use of pharmaceutical grade ingredients is one of the most important scientific innovations in the area of skin treatments during the past decade. Additionally, the cosmetic chemists at Pharmagel have developed a special collection of natural herbs and botanicals for the products. These herbs and botanicals are added to Pharmagel's problem-solving beauty treatments. The products are further fortified with vitamins for fast-acting, anti-aging results. Triple testing during Pharmagel's blending process of the pharmaceutical grade ingredients, vitamins and botanicals ensures that each product is free of irritants and as pure as possible. With regular use, there will be obvious results in just two weeks!

COMPANY HISTORY

Pharmagel, a premier manufacturer of pharmaceutical grade treatments for the skin, has enjoyed a strong and influential position since 1987 as an innovator of the latest technological advances in skin treatment products. Pharmagel recognized, through scientific research, that topically-applied vitamins and antioxidants could drastically and visibly retard and repair skin damage. Antioxidants, combined with pharmaceutical grade ingredients, synergistically work to improve the appearance and condition of the skin. Thus, Pharmagel is known throughout the world as a leader of the very finest skin treatment technologies. Celebrities, dignitaries and people all over the world rely on Pharmagel for their skin care needs. At Pharmagel, we remain dedicated to the philosophy of producing the finest quality, super-performing ingredients in skin treatment products. Our dedication to the salon professional is unsurpassed, guaranteeing quality and commitment.

CONTROL AGING SKIN WITH PHARMAGEL

ANTI-AGING TREATMENTS

Anti-aging treatments resurface skin and help rebuild collagen, smoothing fine lines and wrinkles.

BIO-A CONCENTRATE Retinol-A Facial Resurfacing Serum

PHARMA-C SERUM Intensive Vitamin C Facial Treatment

ANTI-AGING CLEANSERS AND TONER

Clean skin is healthy skin! Cleanse and tone the skin gently but thoroughly. Toner sets the skin with a normal pH and refines the size of the pores. Use toner after cleansing.

FLEUR-5 PLUS Antioxidant Botanical Cleansing Bar for Face and Body

HYDRA CLEANSE Water-Rinseable, Gel Facial Cleanser for All Skin Types

SHOWER SOUFLÉ Moisturizing Botanical Body Wash

BOTANICAL TONIQUE Alcohol-Free, Fragrance-Free Moisturizing Facial Toner

ANTI-AGING EYE PRODUCTS

Firm, tone and lift delicate eye area tissue. Diminish dark circles and crow's-feet. Excellent for people who are under stress or have allergies, headaches and tired eyes. Also good for people who wear contact lenses.

COMPLEXE EYE BEAUTÉ Treatment Pads for Puffy, Sagging Eye Tissue

COMPLEXE EYE FIRMÉ Firming Gel Treatment

EYE PROTÉ Refirming and Resurfacing Moisturizing Eye Crème Elixir

ANTI-AGING MOISTURIZERS

Moisturizing is the most important step to keeping skin looking youthful. Finding the right moisturizer for each skin type is the key to healthier skin. The results will make skin look and feel younger and smoother.

ANTI-AGING MOISTURIZERS

BETA-C Dual Action Facial Refirmer with Beta Hydroxy Acid and Vitamin C.

DN-24 HYDRACRÈME Intensive Vitamin Facial Moisturizing Treatment with Retinol-A

FIRMA DERM Intensive Age-Defying Face, Hand and Body Moisturizer

GLYCO-8 8% Alpha Hydroxy Acid Facial Firming Complex

HYDRO₂XY-10 10% AHA and BHA Moisturizing Lifting and Firming Treatment

ANTI-AGING SCRUB AND MASQUE

Exfoliation is an important part of professional and at-home skin care. Exfoliation removes dead skin cells that create dull, rough surfaces. When the skin is exfoliated, the underlying skin cells are revealed, giving the skin new clarity and smoothness. Masques deeply nourish skin by increasing circulation, as well as tightening, toning, hydrating and soothing the surface of the skin. Masques are an integral part of all skin care.

ENZYMÉ EX-CELL Cell Renewing Gentle Exfoliating Scrub

NUTRA-LIFT Liposome Delivery System Facial Firming Masque

ANTI-AGING SPECIALIZED TREATMENTS

Specialized treatments are designed to correct special skin problems, including age spots, skin discoloration and acne.

DERMA FADE Lightening, Fading Crème with SPF-15

SLENDER SHAPER Cellulite Smoothing Massage Gel

ACNE TREATMENT

PHARMA CLEAR ACNE TREATMENT SYSTEM

PHARMA CLEAR Anti-Bacterial Cleanser

PHARMA CLEAR Acne Treatment Concentrate

PHARMA CLEAR Medicated Moisturizer

HOW SKIN FUNCTIONS

THE SKIN

The skin is the largest organ of the body and is the only organ that actually replaces itself on a continual basis. The skin is self-cleansing, self-healing and self-regenerating.

FUNCTIONS

- Keeps out bacteria, water, sun's radiation, dirt and gases.
- Synthesizes Vitamin D from sunlight for use by the body.
- Holds in body temperature.
- Eliminates harmful toxins.
- Responds to stimuli, such as heat, cold, pain, pressure and touch.

COMPOSITION

The skin is composed of three separate layers: the epidermis, the dermis and the subcutaneous layer. Each layer is distinct and different; however, they always function as one system. Whatever is done to one affects the other. The epidermis is the outermost layer of the skin. This remarkable shield consists of flat, dry, keratinized cells that flake constantly and are replaced by new cells formed in the layers beneath. The process takes approximately 28 days from the time cells are shed at the surface.

FOUR PRIMARY LAYERS IN THE EPIDERMIS

The Basal Layer (Stratum Germinativum) is at the base of the epidermis. It is the cell birth layer and is composed of living cells. The new cells, formed through mitosis (cell division), begin to migrate upward to the surface of the skin, replacing the older cells that were shed.

The Spiny Layer (Stratum Spinosum) is next to the basal layer and consists of eight to ten rows of close-fitting cells filled with lipids, a group of organic compounds that are important to living cells.

The Granular Layer (Stratum Granulosum) contains three to five layers of cells that gradually flatten out. As these cells mature, the lipids inside are spilled out into the intercellular spaces forming the Natural Moisturizing Factor (NMF). (See Natural Moisturizing Factor section.)

The Horny Layer (Stratum Corneum) contains flattened, mature keratinized dead cells that have lost their metabolic function. They are continually being shed and replenished. Their function is to protect the layers beneath.

DERMIS AND SUBCUTANEOUS

The Dermis, directly beneath the epidermis, is the connective tissue that gives the skin physical strength. The dermis is also called the living skin. It is made up of fibrous connective tissue called collagen and elastin. There are also blood vessels, nerves, lymphatic vessels, sweat glands and sebaceous (oil) glands.

Collagen is the tough, fibrous protein that helps skin hold its shape. Undamaged collagen fibers might be compared to thin rubber bands; they are very elastic and spring back easily when stretched. Ultraviolet light from the sun damages collagen, causing the fibers to hook together and become thick and lose their "spring." This allows the skin to sag. Skin then falls into folds or wrinkles, the common sign of aging.

Elastin is the other protein found in the dermis. It also plays a role in the elasticity of the skin. There is considerably less elastin in the dermis than there is collagen. However, as the skin is damaged by ultraviolet exposure, the amount of elastin decreases.

The Subcutaneous Layer gives smoothness and contour to the body, contains fat for energy and acts as an insulator and a source of body heat. This layer of fatty tissue lies beneath the dermis and varies in thickness according to age, sex and general health.

NATURAL MOISTURIZING FACTOR

Chemicals in the stratum corneum bind and hold water molecules in and around the keratin cells. As the cells begin to harden and flatten, lipids are pushed into the spaces between the cells. Without this moisture, the cells would separate and cause severe cracks and peeling. These chemicals are called the Natural Moisturizing Factor (NMF). They are easily washed out of the skin by alkaline soap. When this happens, the moisture evaporates causing dryness and fine lines to appear.

WHAT IS A FREE RADICAL?

A "loose" molecule disrupts regular cell activity while trying to stabilize itself. The molecule becomes unstable and attaches to the cell wherever it can. This creates an imbalance in the cell, which affects the cell's ability to nourish itself and eliminate waste properly. The result is a premature cellular collapse. Skin normally contains a small amount of free radicals and has its own defense against them. Stress, pollution and sunlight can cause free radicals to multiply and overwhelm natural defenses.

Pharmagel skin care products contain vitamins and other antioxidants to help control free radical formation. The products work to neutralize free radicals and render them harmless. They are the best defense against unnecessary aging.

FREE RADICALS AND AGING SKIN

The discovery of free radicals has led to a new understanding of the role that outside elements play in aging skin. Of all these elements, the sun causes the most damage.

ULTRAVIOLET LIGHT AND THE SUN

Collagen Damage

The ultraviolet light (UVA and UVB), natural or from sun lamps, penetrates the epidermis and attacks the collagen and elastin fibers in the dermis. The collagen converts to thick fibers that cannot be stretched, causing the skin to lose its elasticity.

Elastin Damage

Ultraviolet light seems to be the culprit that stimulates and upsets molecular balance in the skin, causing elastin damage that results in premature aging.

Overexposure

With overexposure to ultraviolet light, the epidermis thickens and produces a leathery look. The absence of exposure to the sun for a few weeks returns the epidermis to normal.

Skin Cancer

There is a strong connection between skin cancer and sunlight. Some cancers are easy to cure, some can be fatal. Unprotected exposure to ultraviolet light should be avoided.

Pharmagel products contain PABA-free sunscreen protection to help prevent further damage.

SKIN CARE TERMS

ANTIOXIDANT	A natural preservative, especially valuable in extending the life of oils and combined ingredients.
CELL REJUVENATION	Continual rebirth of cells within the stratum germinativum. Cell rejuvenation products can stimulate a more rapid regeneration of cells, allowing the skin to become healthy and more supple.
COLLAGEN	A tough, fibrous protein produced in the dermal layer of the skin. It helps the skin hold its shape while being elastic in its formation. It provides the main structural support of the dermis. Collagen protein occurs only in the dermis.
DEHYDRATION	Skin dehydration is the dryness that occurs in the outermost stratum corneum. It occurs because of insufficient moisture, or water, in the skin. Water, used with cream, prevents excessive loss of moisture.
ECCRINE SWEAT GLAND	The gland located beneath the dermis that secretes salty moisture through the pores to the surface of the skin.
ELASTIN	An elastic, fibrous protein produced in the dermis layer of the skin. It is produced in small amounts.
EMOLLIENTS	Agents that soften and smooth the skin. Emollients help make the skin feel softer and smoother, reducing roughness, cracking and irritation. They also help retard fine wrinkles that occur through aging. Emollients have high melting points and disappear rapidly into the surface of the skin and prevent the loss of natural moisture from the skin.
EMULSIFIERS	Agents used to assist and balance the ingredients during the production of emollients. Two or more nonmixable liquids are shaken together so thoroughly that they continue to appear to be homogenized. A good example is the emulsion of oil with water.
HUMECTANT	A substance that is capable of preserving the moisture content in the skin. It can attract and hold moisture.
HYDROPHILIC	A product capable of absorbing or blending with water. An ingredient that prevents physical or chemical change of the product, as well as being a sequestering and balancing agent.
MANTLE OF THE SKIN	A fine film of oil and moisture that forms and coats the surface of the skin, protecting the skin from dehydration and maintaining the skin's natural pH level 4.5 to 5.5.
PH SCALE	A range from acidic "0" on the pH scale to alkaline "14." A truly natural solution is neither acidic nor alkaline, such as water at "7.0."
PORE	A surface opening at the end of the eccrine gland duct.
PROTEINS	Complex nitrogenous compounds formed in living organisms, consisting of amino acids bound together by peptide linkages. Proteins provide the essential constituent of every living cell in plants and animals.
SEBACEOUS GLAND	Gland located within the dermal layer of the skin, secreting oily sebum onto the skin's surface.
STRATUM CORNEUM	The outermost layer of the epidermis. This is the layer where cell generation, or development of new cells, is located.
STRATUM GERMINATIVUM	The base of the epidermis. It is the cell birth layer and is composed of living cells. The new cells, formed through mitosis (cell division), begin to migrate upward to the surface of the skin, replacing the older cells that were shed.
STRATUM GRANULOSUM	The second layer of the epidermis, lying just beneath the stratum corneum, consisting of grainy cells that will develop into flattened and hardened cells, eventually moving up to the stratum corneum layer.
STRATUM SPINOSUM	The third layer of the epidermis, lying just beneath the stratum granulosum characterized by spiny-shaped cells that are still alive.

KEY VITAMINS AND INGREDIENTS

KEY VITAMINS

Recent studies indicate that vitamins and their derivatives play an important role in maintaining a youthful appearance and fighting the war against skin aging. Studies have provided us with growing evidence that Vitamins A, B, C and E penetrate the skin, protecting the cells and tissues from damage caused by the aging process and environmental stresses. Pharmagel's unique Skin Treatment Delivery System of pharmaceutical grade formulations with intensive vitamins and botanicals provides a beneficial environment for protecting, correcting and renewing the skin.

VITAMIN A: RETINYL PALMITATE AND RETINOL-A

- Antioxidant that protects skin against free radical damage.
- Protects skin from cellular damage by helping to maintain the tone and the softness of the epidermis.
- Penetrates quickly for rapid repair of sun damaged skin. Skin is softer, silkier and more resilient.
- Increases epithelial growth and thickening of the dermis and epidermis for better skin texture.
- Normalizes dry, parched skin for a smoother, younger, glowing complexion.

VITAMIN E: TOCOPHEROL

- Powerful antioxidant that promotes tissue growth.
- Protects cells and tissues from damage caused by free radicals.
- Rapidly restores the appearance of soft, firm, youthful contours.
- Penetrates skin for long-lasting moisturizing, up to 16 hours.
- Heals dehydrated and prematurely aging skin for a more even, flawless tone.

VITAMIN B: PANTHENOL

- Enhances skin's activity and stimulates tissue repair.
- Quick and deep-penetrating moisturizer that tones the epidermis, making it extraordinarily smooth.
- Heals, soothes and calms skin, smoothing small imperfections in skin texture.
- Aids in tissue repair, promoting skin's resilient appearance.

VITAMIN C: MAGNESIUM ASCORBYL PHOSPHATE

- Chelated stabilized form of Vitamin C absorbed through the skin.
- Maintains the moisture level of the upper layers of the epidermis by triggering the lipid barrier production.
- Thickens the epidermis, visibly improving the texture of the skin.
- Stimulates collagen production, which firms and tightens the skin.

KEY INGREDIENTS

ALLANTOIN	Calms and nourishes.
ALOE VERA	Heals, soothes and protects.
ALPHA LIPOIC ACID	Smooths and lifts.
AVOCADO OIL	Contains heavy moisturizing benefits.
BERGAMOT	Nourishes and tones.
BETA GLUCAN	Contains special moisturizing properties.
CHAMOMILE	Essential ingredient that acts as an anti-inflammatory; soothes and heals.
COPPER	Repairs tissue; firms and tones.
DMAE	Intense firming and toning benefits.
GLYCOLIC ACID	All natural ingredient derived from sugar cane that exfoliates outer dead skin cells.
GREEN TEA	Herbal antioxidant; reverses skin damage.
HYALURONIC ACID	Humectant and deep moisturizer that holds moisture in the cells of skin longer than any other humectant.
KOJIC DIPALMITATE AND LICORICE EXTRACT	Fade and lighten skin discolorations.
MAGNESIUM ASCORBYL PHOSPHATE (STABILIZED VITAMIN C)	Antioxidant that builds collagen and helps firm and tone skin.
MIXED FRUIT ACIDS	Exfoliate outer dead skin cells.
OAT EXTRACT	Contains special moisturizing properties.
PANTHENOL (VITAMIN B)	Contains special moisturizing properties.
PASSION FLOWER EXTRACT	Soothes, firms and tones.
PAPAYA AND PAPAIN ENZYMES	Natural exfoliants that remove outer layer dead skin cells.
PERFLUORODECALIN	Oxygen booster; repairs tissue.
RETINYL PALMITATE AND RETINOL-A (VITAMIN A)	Antioxidants that protect skin against free radical damage.
SAFFLOWER OIL	Contains heavy moisturizing benefits.
SALICYLIC ACID (BETA HYDROXY ACID)	Penetrates deeply for long-lasting exfoliation and cell renewal.
SEAWEED EXTRACTS	Moisturize and enhance skin cells' ability to use oxygen.
SESAME OIL	Contains heavy moisturizing benefits.
SODIUM PCA	Moisturizes; good for acne and oily skin.
SWEET ALMOND OIL	Moisturizes.
TOCOPHEROL (VITAMIN E)	Antioxidant that promotes tissue growth.
TRICLOSAN	Fights bacteria.
ZINC YEAST DERIVATIVE	Encourages rapid Vitamin C penetration.
YARROW, NETTLE, CLOVER BLOSSOM, CONEFLOWER, CUCUMBER EXTRACT, BIRCH LEAF, BIRCH SAP, SAGE, ROSEMARY	Essential ingredients that act as anti-inflammatories.

ANTI AGING PROTECTIVE HAND TREATMENT



PHARMAGEL® HAND THERAPÉ™

protective moisture crème with anti-aging peptides intensely hydrates and dramatically repairs the unique skin structure of the hands. This advanced formula utilizes a powerful, clinically proven, anti-aging peptide and Retinol-A to stimulate collagen formation for improved firmness and elasticity with fewer noticeable lines and wrinkles. Natural Shea Butter drenches parched hands with rich, comforting moisture while Green Tea and Vitamins C and E form a protective antioxidant shield that fights damaging free radicals. Instantly makes hands beautifully luminous, soft, and silky smooth.

Intensely Hydrates

- Nourishing Shea Butter drenches hands in rich, comforting moisture
- Highly emollient Jojoba and Safflower oils intensely hydrate hands to prevent dryness and cracking
- Lightweight texture is never tacky, so you can reapply as needed

Reduces Age Signs

- Retinol-A increases smoothness and youthful luminosity by increasing cellular turnover and sloughing off dead, dull skin
- Natural Licorice Root helps diminish age spots



Clinically proven MATRIXYL 3000® peptide deeply repairs aged, wrinkled hands by stimulating collagen renewal at the cellular layer for plumper, smoother, firmer skin texture.

Softens, Smoothes and Heals

- Soothing Aloe Vera helps calm redness and irritation
- Vitamin B5 fortifies skin structure to improve natural resilience

Protects and Shields

- Built-in sunscreen protects hands from damaging UV rays
- Vitamins A, C and E, plus Green Tea, help repair free radical damage

How to Use: Apply daily in the a.m. and p.m. Reapply as often as needed.

Key Ingredients: Matrixyl-3000® contains polypeptides called matrikines, the messengers of skin restructuring and repair. They stimulate collagen production by “jumpstarting” the skin repair process, thus causing significant improvements in elasticity and skin tone. Matrixyl 3000® promotes collagen production while stimulating fibroblast cells in the skin, enabling them to significantly reduce the appearance of wrinkles. Although fibroblasts never completely lose their ability to create more collagen, the levels dwindle with age causing skin to dry and wrinkle. In clinical trials, Matrixyl-3000®, a key ingredient in Hand Therapè, achieved the following:

- 33% decrease in wrinkle density
- 23% decrease in the volume of wrinkles
- 20% decrease in the depth of wrinkles

A Word From the Pharmagel Experts:

RETINOL-A (VITAMIN A) supports cellular renewal and the production of collagen (the skin’s major structural support). Vitamin A is significantly responsible for the production of new cells and the maintenance and repair of mucus membranes.

VITAMIN C supports cellular renewal and production of collagen. As a primary antioxidant, it sweeps out and neutralizes free radicals (unstable oxygen molecules responsible for breakdown of cells that precedes aging and disease).

TOCOPHEROL ACETATE is the most potent form of Vitamin E. It is a powerful antioxidant.

PANTHENOL builds protein responsible for cell regeneration and repair. When epidermal cells pile up, they become progressively dehydrated, resulting in rough, scaly surfaces.

Prevent Melanin Synthesis by using a synergistic blend of tyrosinase inhibitors: **LICORICE EXTRACT** contains glycyrrhizin (anti-irritant), which helps prevent erythema that triggers the chain of reactions that leads to melanin production.

CARMELLIA SINENSIS LEAF EXTRACT, MAGNESIUM ASCORBYL PHOSPHATE and **UNDECYLENOYL PHENYLANINE** inhibit and fade melanin (pigmented skin cells).

INGREDIENTS LIST AND PURPOSE			
Aloe Barbadensis Leaf Juice	Humectant	Magnesium Ascorbyl Phosphate (Stabilized)	Antioxidant Inhibits Melanin Formation
BHT	Antioxidant	Panthenol (Vitamin B5)	Hydration and Moisturizer
Butylene Glycol	Humectant	Palmitoyl Tetrapeptide-7	Increases Skin Tone and Elasticity
Butyl Methoxy-dibenzoylmethane	UVA Sunscreen	Palmitoyl Oligopeptide	Stimulates Collagen Formation
Butyrospermum Parkii (Shea Butter)	Emollient	PEG-7 Glyceryl Cocoate	Emollient
Camellia Sinensis Leaf Extract	Melanin Whitener	PEG-100 Stearate	Emulsifier Moisturizer
Caprylyl Glycol	Moisturizer	Phenoxyethanol	Preservative
Carbomer	Stabilizer	Polysorbate 20/40	Fruit Derived Emulsifiers
Cetyl Alcohol	Emollient;Moisturizer	Propylene Glycol	Humectant
Cyclopentasiloxane	Lubricant; Emollient	Purified Water	Solvent
Dimethicone	Soothes	Retinyl Palmitate	Antioxidants Protect Against Free Radical Damage
Ethylhexylglycerin	Emollient	Simmondsia Chinensis Jojoba Oil	Emollient
Ethylhexyl Methoxycinnamate	Sunscreens	Safflower Oil	Moisturizer
Fragrance	Natural Botanical	Stearic Acid	Emulsifier
Glycerin	Moisturizer	Stearyl Alcohol	Emollient
Glyceryl Stearate	Emulsifier	Tocopherol (Vitamin E)	Antioxidant Promotes Tissue Growth
Glycyrrhiza Glabra (Licorice) Root Extract	Fading Agent	Triethanolamine	Adjusts pH
Green Tea Extract	Antioxidant	Undecylenoyl Phenylalanine	Reduces Skin Melanin Discolorations
Hexylene Glycol	Humectant		

ANTI-AGING TREATMENT



BIO-A™ CONCENTRATE contains 5,000 i.u. of Retinol-A, known to be the most stable and effective form of Vitamin A. Retinol-A works with the skin's physiology to absorb and penetrate more effectively. Bio-A Concentrate delivers age-minimizing effects with nutrients that are scientifically proven to reduce wrinkles and fine lines. The anti-aging formula speeds healing and increases surface circulation, normalizing skin cells and encouraging softer, smoother facial contours. Additionally, Bio-A Concentrate helps control acne by reducing inflammation and bacteria production. Get younger-looking skin with Bio-A Concentrate.

How to Use: Apply to facial areas morning or evening. Allow to absorb, then follow with a Pharmagel moisturizer.

Key Ingredients: Retinol-A—Antioxidant vitamin known for its anti-aging benefits. Green Tea Extract—Herbal antioxidant that reverses skin damage. Safflower Oil—Heavy moisturizing benefits.

A Word From the Pharmagel Experts:

RETINOL-A is a primary antioxidant that neutralizes free radicals. Wrinkles and crow's-feet are dramatically diminished with stabilized Retinol-A.

Dermatologists are testing the effect of RETINOL-A on skin for post-laser surgery, as well as for speeding up the healing process.

RETINOL-A can zap a zit in no time flat!

RETINOL-A reduces that red, inflamed appearance associated with Rosacea and acne.



PHARMA-C® SERUM represents a dramatic technological advancement in the treatment of wrinkled, aging skin that has lost its tone and elasticity. This unique serum enhances and accelerates skin's repair by actively promoting collagen formation. Pharmagel's unique Pharma-C Serum has a 10% level of all natural Magnesium Ascorbyl Phosphate (stabilized Vitamin C). This newly developed ingredient is the only stable source of Vitamin C that has been scientifically proven to rapidly absorb into the skin and promote the formation of collagen. Fragrance-free and oil-free, Pharma-C Serum can be used safely around the eyes.

How to Use: Apply to facial areas daily. After cleansing, apply Pharma-C Serum to face and allow to penetrate for 60 seconds before applying a Pharmagel moisturizer.

Key Ingredients: Magnesium Ascorbyl Phosphate (stabilized Vitamin C)—Used as an antioxidant to aid in firming and toning and to promote collagen production. Chamomile Extract—Soothing and healing properties. Calendula Extract—Calms and soothes the skin with nourishing benefits. Zinc Yeast Derivative—Allows for rapid penetration of Vitamin C. Hyaluronic Acid—Intense water-binding properties.

A Word From the Pharmagel Experts:

VITAMIN C products have virtually no reported symptoms of irritation. Ideal candidate: sensitive, dry skin desiring diminished crow's-feet and improved skin tone.

HYALURONIC ACID, along with collagen and ALGAE EXTRACTS, provides a significant cosmetic and aesthetic benefit to the skin. Hyaluronic Acid is a Jell-O-like substance that gives the dermis thickness and keeps wrinkles at bay. Is a strong water binder that helps retain fluid in the skin.

COLLAGEN is responsible for providing suppleness and elasticity in the skin. As we age, the level of collagen in the skin is reduced. Collagen and elastin fibers stiffen and break apart, forming an unstructured mass. In turn, wrinkles are formed.

TOPICAL VITAMIN C counteracts oxygen free radicals by neutralizing them. Vitamin C renews Vitamin E by allowing to neutralize more free radicals.

INGREDIENTS LIST AND PURPOSE			
Glyceryl Stearate	Moisturizer	Stearic Acid	Emulsifier
Green Tea Extract	Antioxidant	Hydroxyethylcellulose	Thickener
Methylparaben	Preservative	Lysine Lauroyl Methionine	Emulsifier
Myristyl Alcohol	Emollient	Retinol-A	Anti-Aging Benefits
Myristyl Glucoside	Moisturizer	Allyl Methacrylates Crosspolymer	Anti-Aging Benefits
Purified Water	Solvent	Dimethicone	Soothing
Safflower Oil	Moisturizer	Sodium Citrate	Penetrant
Isononyl Isononate	Anti-Aging Benefits	Phenoxyethanol	Preservative
Glycerin	Moisturizer	Tetrasodium EDTA	Preservative
Caprylic/Capric Triglyceride	Emollient	Fragrance	Natural Botanical

INGREDIENTS LIST AND PURPOSE			
Coneflower Extract	Firming Agent	Methylparaben	Preservative
Purified Water	Solvent	Phenoxyethanol	Preservative
Glycereth-26	Emulsifier	Saccharide Isomerate	Emollient
Hyaluronic Acid	Humectant	Tetrasodium EDTA	Preservative
Hydroxyethylcellulose	Thickener	Tyrosine	Penetrant
Live Yeast Cell Derivative	Carrier	Zinc Yeast Derivative	Penetrant
Magnesium Ascorbyl Phosphate (Stabilized Vitamin C)	Builds Collagen	PEG-45 Palm Kernel Glycerides	Emulsifier
Hydrocotyl Centella Extract	Soothing Botanical		

ANTI-AGING CLEANSER



FLEUR-5 PLUS™, a natural antioxidant cleansing bar for face and body that cleans and moisturizes all skin types. The rare low pH formula gently cleanses while working deeply within the skin to protect and repair cells and tissue from damage caused by free radicals and environmental stress.

Fleur-5 Plus will not strip or dry

skin and provides a rich lather with an aromatic White Hawaiian Ginger fragrance. The low pH bar also balances acne complexions without irritation. The long-lasting moisturizing properties of Fleur-5 Plus offer therapeutic benefits through five botanical essences that calm, nourish and balance all skin types.

How to Use: Use daily for gentle cleansing of face and body.

Key Ingredients: Awapuhi—Moisturizing. Calendula—Calming and soothing. Ginseng—Invigorating antioxidant. Aloe Vera—Calming and soothing. Chamomile—Moisturizing.

A Word From the Pharmagel Experts:

Fleur-5 Plus Cleansing Bar helps remove the dead skin that is “thrown off” the upper layer (surface) every four hours. This dead skin, combined with oils, other body wastes and atmospheric pollution, make the face dirty.

Cleaning the face more than once a day is first aid for lifelong beauty!

CALENDULA has miraculous anti-inflammatory benefits.

ALOE VERA can heal eczema and psoriasis.

OAT FLOUR refines the size of the pores and exfoliates the skin.

GINSENG is a powerful antioxidant.

Chlorine-treated water is very drying to the skin. ALOE VERA keeps the skin moisturized and younger-looking.

CHAMOMILE nourishes the skin.

INGREDIENTS LIST AND PURPOSE			
Colloidal Oatmeal	Refines	Glycerin	Moisturizer
Hedychium Coronarium Root (White Ginger)	Stimulates	Retinyl Palmitate (Vitamin A)	Antioxidant
Calendula Officinalis Flower Extract	Invigorates	Sodium Palm Kernelate	Surfactant
Tocopheryl Acetate (Vitamin E)	Antioxidant	Cholecalciferol (Vitamin D3)	Sunscreen
Aloe Barbadensis Leaf Juice	Soothes	Sodium Palmate	Tones
Chamomilla Recutita Matricaria (Chamomile) Extract	Soothes and Heals	Titanium Dioxide	Evens Skin Tone
Panax Ginseng Root Extract	Energizes	Purified Water	Solvent
Fragrance	Natural Botanical	Ascorbic Acid (Vitamin C)	Antioxidant
Menthol	Soothes	Sodium Chloride	Thickener
Tetrasodium Etidronate	Preservative	Tetrasodium EDTA	Preservative



HYDRA CLEANSE® is an exceptionally mild and natural foaming gel cleanser that contains Aloe Vera and a remarkable complex of marine-based extracts of Seaweed, Algae and Spirulina. These nourishing and calming extracts protect, revitalize and moisturize all skin types. Hydra Cleanse is water-rinseable and is especially good for extra sensitive skin. A rare combination of Oat Extract, Beta Glucan and Panthenol offers the benefits of wonderfully clean skin without stripping or drying the complexion. Skin will look and feel healthy with a clean, fresh, radiant glow.

How to Use: Massage in a circular motion on facial areas morning and evening. Rinse with lukewarm water and pat dry. Gentle enough to use in eye area. Follow with Botanical Tonique.

Key Ingredients: Aloe Vera—Used primarily for its healing and soothing properties; excellent moisturizing properties. Seaweed Extracts (Dulse, Wakame and Sea Lettuce)—Provide exceptional moisturizing and conditioning properties. Algae Extract—Adds moisture to the skin. Spirulina Extract—Provides additional moisturizing properties. Oat Extract—Deep-penetrating moisture retention and healing. Panthenol—Antioxidant that provides moisture and stimulates tissue repair.

A Word From the Pharmagel Experts:

Gel cleansers are gentle, but tough on oils. Even dry skin finds them user-friendly. Since gels are pH balanced, they can be used around the eyes to remove eye make-up.

COLLAGEN and ALGAE EXTRACTS provide significant cosmetic and aesthetic benefits to the skin. Algae Extracts come from seaweed. They help prevent wrinkles and moisturize the skin.

PANTHENOL builds protein, which is responsible for cell regeneration and repair.

OAT EXTRACT, from the seed of oats, is very soothing and nourishing to the dermis. Lactic Acid is an AHA that occurs naturally in biofermented vegetables. It provides a mild pH to alkaline products and is very moisturizing.

Available in professional size.

INGREDIENTS LIST AND PURPOSE			
Algae Extract	Moisturizer	Lactic Acid	Humectant
Aloe Vera Gel	Soothes	Methylparaben	Preservative
Beta Glucan	Moisturizer	Oat Extract	Moisturizer
Butylene Glycol	Skin Conditioner	Panthenol (Vitamin B)	Humectant
Purified Water	Solvent	Propylparaben	Preservative
Dulse Extract	Soothes	Sea Lettuce Extract	Moisturizer
Fragrance	Natural Botanical	Spirulina Extract	Moisturizer
Irish Moss Extract	Soothes	Wakame Extract	Moisturizer
Lauroamphodiacetate	Surfactant	Sodium Trideceth Sulfate	Surfactant
Methyl Gluceth-10	Humectant	Anori (Seaweed) Extract	Humectant
Hydroxyethylcellulose	Stabilizer	Phenoxyethanol	Preservative
Ethylene Glycol	Preservative		

ANTI-AGING CLEANSER



SHOWER SOUFFLÉ™ is an ultra cleansing and moisturizing anti-aging body wash for bath and shower that contains the cleansing and clarifying properties of five rare plant essences: Chamomile, Aloe Vera, Calendula, Yarrow and Coneflower. Skin feels wonderfully clean and soft as the revitalizing conditioning benefits of this unique product protect and care for the skin's delicate needs. Shower Soufflé offers the benefit of purity in a rejuvenating natural cleanser for all skin types. This extra light and fluffy shower wash is free of animal ingredients and foams into a rich, gently exfoliating lather while sweeping away pore clogging impurities. Shower Soufflé also can be used by men and women for a comfortable, close shave without nicks or razor burn.

How to Use: Use daily for bath, shower or shaving.

Key Ingredients: Aloe Vera—Soothes and protects the skin. Yarrow—Anti-inflammatory and decongestant. Calendula—Soothes and calms the skin. Chamomile (Matricaria)—Anti-inflammatory; soothes and heals. Tocopherol (Vitamin E)—Penetrates skin for long-lasting moisturizing. Panthenol (Vitamin B)—Heals, soothes and calms skin; smooths small imperfections.

A Word from the Pharmagel Experts:

Shower Soufflé can be used by women and men for a clean, close shave without nicks or razor burn.

Chlorine-treated water is very drying to the skin. ALOE VERA keeps the skin moisturized and younger-looking.

TOCOPHEROL (VITAMIN E) heals dehydrated and prematurely aging skin, giving it an even tone.

ALOE VERA can heal eczema and psoriasis.

PANTHENOL (VITAMIN B) stimulates tissue repair and helps smooth the skin. It also builds protein, which is responsible for cell regeneration.

CHAMOMILE and CALENDULA nourish and soothe the skin.

INGREDIENTS LIST AND PURPOSE			
Sodium Cocoyl Isethionate	Mild Surfactant	Tocopherol (Vitamin E)	Antioxidant
Sodium Methyl Cocoyl Taurate	Anionic Surfactant	Panthenol (Vitamin B)	Humectant
Cocamidopropyl Betaine	Foam Booster	Calendula Officinalis Extract	Anti-Inflammatory
Magnesium Aluminum Silicate	Natural Thickener	Yarrow (Achillea Millefolium) Extract	Anti-Inflammatory
Propylene Glycol	Humectant	Chamomilla Recutita Matricaria (Chamomile) Extract	Soothes and Heals
Glycerol Stearate	Emollient	Xanthan Gum	Thickener
PEG-100 Stearate	Emulsifier;Moisturizer	Phenoxyethanol	Preservative
Cetyl Alcohol	Emollient;Moisturizer	Parabens	Preservatives
Aloe Barbadensis Gel	Humectant; Moisturizer	Coneflower (Echinacea Angustifolia) Extract	Calms
Purified Water	Solvent	Fragrance	Natural Botanical

ANTI-AGING TONER



BOTANICAL TONIQUE® is an all natural, fragrance-free, alcohol-free, moisturizing facial toner. Unlike many other toners, Botanical Tonique contains moisturizing properties that help keep skin hydrated. Additionally, an infusion of botanical extracts balances, nourishes and re-energizes skin to a normal pH. These stimulating and toning extracts offer extra firming benefits to the skin while helping to tighten and refine pores. Skin will feel refreshed and recharged. Men may use Botanical Tonique after shaving to calm and soothe skin and control razor bumps and irritation.

How to Use: After cleansing, apply Botanical Tonique with a cotton pad or lightly spray face for an extra pick-me-up of refreshing energy and moisture. Follow with a Pharmagel moisturizer.

Key Ingredients: Passion Flower Extract—Used for firming and toning. Arnica Extract—Used in balancing the pH of the skin and promoting new tissue growth. Chamomile Extract—Soothing and healing properties. Bergamot Extract—Nourishing benefits. Panthenol (Vitamin B)—Energizing to the epidermal layers of the skin. Witch Hazel—Acts as a primary antiseptic. Rosemary Extract—Stimulates circulation. Comfrey Extract—Tones.

A Word From the Pharmagel Experts:

It is important to tone the skin and restore the normal acid balance of the face after cleansing.

Found in many plants, especially in palm leaves, parabens are noted for their excellent preservative properties and their safety compared to other commonly used preservatives. Parabens are easily biodegraded and do not destroy the desirable bacteria living on the skin.

ARNICA, an antiseptic herb that promotes the growth of new tissue, is traditionally used for bruises, wounds and inflammation.

WITCH HAZEL EXTRACT—distilled from the bark, leaves and flower-bearing twigs of the hamamelis plant—is an astringent that helps tone the skin.

In addition to toning the skin, ROSEMARY helps stimulate the circulation of blood in skin.

COMFREY contains ALLANTOIN, which helps heal damaged skin by stimulating the growth of new tissue. It also aids in temporary relief of minor skin irritations.

Available in professional size.

INGREDIENTS LIST AND PURPOSE			
Arnica Extract	Soothes	Panthenol (Vitamin B)	Humectant
Azulene	Calms	Passion Flower Extract	Soothes and Tones
Bergamot Extract	Tones	Passion Fruit Extract	Soothes and Tones
Chamomilla Recutita Matricaria (Chamomile) Extract	Soothes and Heals	Propylene Glycol	Humectant
Comfrey Extract	Tones	Rosemary Extract	Tones
Parabens	Preservative	Witch Hazel Extract	Astringent

ANTI-AGING EYE TREATMENT



COMPLEXE EYE BEAUTÉ®

a unique herbal treatment in pad form, relieves the effects of puffy, swollen eye tissue often associated with allergies, fluid retention, aging and PMS. As people age, the thin

skin around the eyes loses elasticity and is susceptible to retaining water and fat. This accumulation tends to bulge skin outward, producing unsightly bags or eye pouches. Used morning or evening, Complexe Eye Beauté smooths and reduces the puffy, swollen appearance. All natural Complexe Eye Beauté is fragrance-free, oil-free and hypoallergenic. It will not dry or strip delicate eye area tissue.

How to Use: After cleansing, place one pad over each closed eye and relax for five minutes or longer. Discard after using.

Key Ingredients: Cucumber Extract—Anti-inflammatory and decongestant. Chamomile Extract—Anti-inflammatory and decongestant. Cornflower Extract—Anti-inflammatory and decongestant. Birch Leaf Extract—Anti-inflammatory and decongestant. Birch Sap Extract—Anti-inflammatory and decongestant. Sweet Clover Extract—Anti-inflammatory and decongestant. Yarrow Extract—Anti-inflammatory and decongestant. Rosemary—Stimulates the circulation of blood to the skin. Witch Hazel—Acts as an antiseptic and astringent. Green Tea Extract—Herbal antioxidant that reverses skin damage.

A Word From the Pharmagel Experts:

Complexe Eye Beauté is great for sinus headaches and allergies.

CALENDULA acts as an anti-inflammatory and is derived from the flower petal.

YARROW is an anti-inflammatory and decongestant that helps quell infections and tone the skin.

In addition to toning the skin, ROSEMARY helps stimulate the circulation of blood to skin.

“Cool as a cucumber” is more than just a phrase. Cucumbers seem to actually cool the system and are used around the world on the skin as a refiner, purifier and refresher.

WITCH HAZEL is distilled from the bark, leaves and flower-bearing twigs of the hamamelis plant. It is an antiseptic and astringent.

INGREDIENTS LIST AND PURPOSE			
Aloe Extract	Soothes and Heals	Cucumber Extract	Anti-Inflammatory
Butylene Glycol	Clarifying Agent	Denatured Alcohol	Astringent
Calcium Pantothenate	Emollient	Methylparaben	Preservative
Birch Leaf Extract	Astringent	Purified Water	Solvent
Birch Sap Extract	Antiseptic	Witch Hazel Extract	Anti-Inflammatory
Chamomilla Recutita Matricaria (Chamomile) Extract	Soothes and Heals	Rosemary Extract	Tones
Sweet Clover Extract	Strengthens	Sage Extract	Stimulant
Cornflower Extract	Soothes	Yarrow Extract	Tones
Inositol	Humectant	Green Tea Extract	Antioxidant



COMPLEXE EYE FIRMÉ®

nourishes, moisturizes and strengthens delicate eye area tissue. This enriched antioxidant formulation of Vitamins C, E and A stimulates collagen formation and reverses noticeable signs of aging as it lifts and smooths eye contours. Premature slackening of the eye area skin diminishes as circulation increases. The appearance of dark circles, eye area wrinkles and sagging tissue is reduced. Complexe Eye Firmé, with its unique sheer texture, delivers moisturizing and anti-aging properties, as well as offering an invisible protective shield of recovery for the fragile eye area. Complexe Eye Firmé is oil-free and fragrance-free.

How to Use: Apply sparingly to eye contours with light patting motion until thoroughly absorbed. Use morning and evening.

Key Ingredients: Magnesium Ascorbyl Phosphate (stabilized Vitamin C)—Used as an antioxidant to help firm and tone. Tocopherol (Vitamin E)—Primary antioxidant to help firm and tone. Panthenol (Vitamin B)—Primary antioxidant and humectant to reverse visible signs of aging. Allantoin (Comfrey)—Primary anti-inflammatory used for soothing. Mica—Diffuses light by reflecting light sources. Calendula Extract—Proven to have a calming effect on the skin. Coneflower Extract—Anti-inflammatory used to soothe irritated and damaged skin. Retinyl Palmitate (Vitamin A)—Anti-aging antioxidant.

A Word From the Pharmagel Experts:

VITAMIN C supports cellular renewal and production of collagen, the skin's major structural support.

People who smoke are more susceptible to crow's-feet and need to replenish their skin with VITAMIN C. Each cigarette depletes 25 mg of Vitamin C in the dermis.

PANTHENOL is a stable form of Pantothenic Acid (Vitamin B group). It is necessary for the skin to function normally. Panthenol promotes the regeneration of damaged skin.

ALLANTOIN helps heal wounds and skin conditions. Good for bites, stings, bruises, inflamed tissue, dermatitis, dry skin, psoriasis, skin rashes and sunburn.

CONEFLOWER stimulates white blood cells. It also enhances the immune and lymphatic system.

INGREDIENTS LIST AND PURPOSE			
Allantoin (Comfrey)	Soothes	Magnesium Ascorbyl Phosphate (Stabilized Vitamin C)	Builds Collagen
Aloe Barbadensis Gel	Soothes and Heals	Tocopheryl Acetate (Vitamin E)	Antioxidant
Calendula Extract	Anti-Inflammatory; Calms	Retinyl Palmitate (Vitamin A)	Antioxidant; Anti-Aging Benefits
Coneflower Extract	Calms	Methylparaben	Preservative
Lecithin	Nourishes	Sodium Hyaluronate	Binds Moisture to Skin
Purified Water	Solvent	Glycerin	Moisturizer
Panthenol (Vitamin B)	Humectant and Antioxidant	Carbomer	Emulsifier
Mica	Reflects Light	Boron Nitride	Lubricant
Yarrow	Anti-Inflammatory	Phenoxyethanol	Preservative
PPG-2 Isodeceth-12	Emulsifier		

ANTI-AGING EYE TREATMENT

ANTI-AGING MOISTURIZER



EYE PROTÉ™ reverses eye area wrinkles, puffiness and dark circles, as well as lost tone and elasticity. The special formulation contains Perfluorodecalin, a highly activated oxygen booster that has been medically tested for its effectiveness. Perfluorodecalin breathes life into cells surrounding the delicate eye contours. Eye Proté relaxes superficial muscles and produces results that are similar to Botox. Eye Proté contains pharmaceutical grade ingredients of a specific molecular weight that allow for rapid penetration of the product into the dermis. This rapid penetration gives lasting results when used daily. Eye Proté is fragrance-free and is noncomedogenic (will not clog pores).

How to Use: Apply sparingly to eye contours with a light patting motion until thoroughly absorbed. Use morning and evening.

Key Ingredients: Perfluorodecalin—Highly activated oxygen booster. Squalane (vegetable source)—Highly penetrating humectant; light and non-greasy. Tocopherol (Vitamin E)—Antioxidant that offers anti-aging benefits.

A Word From the Pharmagel Experts:

PERFLUORODECALIN is a remarkable oxygen booster, medically tested and used during eye surgeries for rapid tissue repair.

TOCOPHEROL (VITAMIN E) helps regenerate damaged and aging skin.

Squinting encourages crow's-feet and breaks down collagen fibers.

The eye area is the first to show signs of age and fatigue. It needs PERFLUORODECALIN to boost oxygen.

All Pharmagel products are noncomedogenic. It is important to use only noncomedogenic products on eye tissue; otherwise, bumps and tiny cysts can develop in that sensitive area.



BETA-C™ contains Beta Hydroxy Acid (BHA) and Magnesium Ascorbyl Phosphate (stabilized Vitamin C). BHA rejuvenates skin by increasing the rate of cellular renewal and sweeping away dry

patches and discoloration. Stabilized Vitamin C simultaneously encourages collagen formation and strengthens connective tissues for firmer, more youthful facial contours. BHA is a superior exfoliant that improves the appearance of aging, sun damaged skin. It reduces fine lines and improves facial texture as it concentrates on exfoliating the skin's surface and working within the pores. This dual action facial refiner reduces wrinkles and tones the skin. Acne and oily complexions also respond well to Beta-C.

How to Use: Apply to facial areas morning and evening. It also can be applied over Bio-A Concentrate or Pharma-C Serum.

Key Ingredients: Beta Hydroxy Acid (BHA)—Works at deeper levels in the dermis to encourage cellular renewal. Also is an effective ingredient for oily skin. Magnesium Ascorbyl Phosphate (stabilized Vitamin C)—Used as an antioxidant to help firm and tone the skin and to promote collagen production. Tocopherol (Vitamin E)—Used as a primary antioxidant to aid in firming and toning. Chamomile and Calendula Extracts—Soothe and calm the skin with nourishing benefits.

A Word From the Pharmagel Experts:

BHA is more effective for oily skin because it is lipid soluble. This means it can penetrate the oil in pores and dissolve the dead skin cells inside.

BHA improves the appearance of aging skin. It exfoliates but will not irritate the skin.

VITAMIN C also supports cellular renewal and production of collagen (the skin's major structural support). As a primary antioxidant, it sweeps out and neutralizes free radicals.

INGREDIENTS LIST AND PURPOSE			
Achillea Millefolium Extract	Anti-Inflammatory	Dicetyl Phosphate	Emulsifier
Allantoin (Comfrey)	Calms	Phenoxyethanol	Preservative
Aloe Barbadensis Leaf Juice	Humectant	Perfluorodecalin	Repairs Tissue
C12-20 Acid PEG-8 Ester	Emulsifier	Propylene Glycol	Humectant
Calendula Officinalis Flower Extract	Firming	Parabens	Preservatives
Caprylic/Capric/Myristic/Stearic Triglyceride	Emollient	Purified Water	Solvent
Carbomer	Emulsifier	Squalane (Vegetable Source)	Humectant
Cetearyl Alcohol	Emulsifier	Tetrasodium EDTA	Preservative
Chamomilla Recutita Matricaria (Chamomile) Extract	Soothes and Heals	Tocopherol (Vitamin E)	Antioxidant

INGREDIENTS LIST AND PURPOSE			
Allantoin (Comfrey)	Soothes	Hydroxyethylcellulose	Thickener
Benzophenone-3	UV Blocker	Magnesium Ascorbyl Phosphate (Stabilized Vitamin C)	Stimulates Collagen
Calendula Extract	Conditioner	Methylparaben	Preservative
Caprylic/Capric/Triglyceride	Emollient	Octyl Methoxycinnamate	UV Blocker
Chamomilla Recutita Matricaria (Chamomile) Extract	Soothes and Heals	Octyl Palmitate	Emollient
Purified Water	Solvent	Polysorbate 60	Emulsifier
Dimethicone	Soothes	Propylene Glycol	Humectant
Ethylparaben	Preservative	Salicylic Acid	Exfoliant
Fragrance	Natural Botanical	Sorbitan Stearate	Emulsifier
Glycereth-26	Emulsifier	Sunflower Oil	Emollient
Glyceryl Stearate and PEG-100 Stearate	Emulsifier	Tocopheryl Acetate (Vitamin E)	Antioxidant
Beta Hydroxy Acid	Renews Cells	Methylpolysiloxane	Conditioner
Stearic Acid	Emulsifier	Cetyl Alcohol	Emollient; Moisturizer
Green Tea Extract	Antioxidant	Phenoxyethanol	Preservative

ANTI-AGING MOISTURIZER



DN-24 HYDRACRÈME®

is a super-charged moisturizing crème containing 25,000 i.u. of Retinol-A (Vitamin A) and Vitamins C, B, D and E. It rehydrates and re-energizes skin, then reprograms it to

resist environmental stresses and combat aging. The intensive concentration of vitamins in DN-24 Hydracreme shields the tissues from free radicals (destructive particles) and lessens the risk of skin damage. Skin's metabolism speeds up at night, which expands capillaries and makes the skin most receptive to nourishment. Skin cells rejuvenate at their fastest rate during this time. DN-24 Hydracreme keeps skin on a 24-hour continuum of protection and repair.

How to Use: Use morning and evening on facial areas. Can be applied over Pharma-C Serum or Bio-A Concentrate for additional reparative benefits.

Key Ingredients: Retinyl Palmitate (Vitamin A)—Firms and nourishes skin; retards and reverses skin damage caused by aging and environmental stresses. Ascorbic Acid (Vitamin C)—Used as an antioxidant to aid in firming and toning. Tocopherol (Vitamin E)—Used as a primary antioxidant to aid in firming and toning. Panthenol (Vitamin B)—Antioxidant that reverses visible signs of aging. Aloe Vera—Used to soothe and protect the skin. Sesame Oil—Contains heavy moisturizing benefits. Safflower Oil—Moisturizing content. Avocado Oil—Contains heavy moisturizing benefits.

A Word From the Pharmagel Experts:

VITAMIN A supports cellular renewal. As a primary antioxidant, it sweeps out and neutralizes free radicals (unstable oxygen molecules responsible for the breakdown of cells that precede aging and disease). Vitamin A also has an "antikeratinizing" effect that is achieved by cells remaining younger longer.

VITAMINS B and E are powerful antioxidants that reverse the signs of aging.

VITAMIN C supports the cellular renewal and production of collagen.

VITAMIN A helps the dermis to resist infection, build and maintain collagen and elastin and strengthen the skin's capillary walls.

Available in professional size.

INGREDIENTS LIST AND PURPOSE			
Allantoin (Comfrey)	Soothes	Niacinamide (Vitamin B)	Stimulant
Aloe Vera Extract	Heals and Soothes	Octyl Methoxycinnamate	UV Blocker
Ascorbic Acid (Vitamin C)	Antioxidant	Panthenol (Vitamin B)	Humectant
Avocado Oil	Emollient	Propylparaben	Preservative
Biotin (Vitamin B)	Texturizing Agent	Purified Water	Solvent
Calcium Pantothenate	Emollient	Retinol (Vitamin A)	Antioxidant
Folic Acid (Vitamin A)	Emollient	Retinyl Palmitate	Antioxidant
Fragrance	Natural Botanical	Safflower Oil	Moisturizer
Glyceryl Stearate	Emulsifier	Stearyl Alcohol	Emollient
Inositol (Vitamin B)	Humectant	Thiamine HCL (Vitamin B)	Conditioner
Methylparaben	Preservative	Tocopherol (Vitamin E)	Antioxidant
Sesame Oil	Moisturizer	Witch Hazel Extract	Anti-Inflammatory
Green Tea Extract	Antioxidant	Wheat Germ Extract	Regeneration



FIRMA DERM® is a fast-acting, anti-aging, firming hand and all over body moisturizer that repairs and reverses skin damage. Firma Derm contains 750,000 i.u. of Retinol-A, plus Vitamins C and E and Ginkgo Biloba Extract for fast penetration and intense firming benefits. The high concentration of antioxidants in Firma Derm improves elasticity and shields tissues from destructive free radicals. These free radicals interfere with the skin's normal growth patterns, causing wrinkling and premature aging. Firma Derm gives skin a younger, smoother, firmer look.

How to Use: Use after shower or bath. Gently massage into skin until absorbed. Firma Derm gives skin a blanket of age-fighting and moisturizing ingredients.

Key Ingredients: Aloe Vera—Used for soothing and healing, as well as promoting unblemished, healthy skin. Retinyl Palmitate (Vitamin A)—Contains 750,000 i.u. of high potency antioxidant. Vitamin A prevents dryness, aids in moisture retention and shields skin from destructive free radicals. Magnesium Ascorbyl Phosphate (stabilized Vitamin C) and Tocopherol (Vitamin E)—Antioxidants that firm and tone. Ginkgo Biloba—Aids in speedy penetration into the dermis and intensifies firming benefits in combination with the Vitamin C.

A Word From the Pharmagel Experts:

VITAMIN A helps the body resist infection and strengthens the skin and capillary walls. It also forms pigment while building and maintaining collagen (the skin's major structural support) and elastin.

ALOE VERA encourages new skin growth. It is a great treatment for sunburns and to heal skin after surgery.

VITAMIN E, a highly moisturizing oil, protects against ultraviolet rays, reduces fine lines and wrinkles and delays the aging process. It also helps heal scarring and wounds and is a weapon against aging.

INGREDIENTS LIST AND PURPOSE			
Aloe Vera	Heals	Ethylhexyl Methoxycinnamate	Sunscreen
Cetyl Alcohol	Emulsifier	Panthenol (Vitamin B)	Humectant
Ginkgo Biloba	Firms	PEG-7 Glyceryl Cocoate	Emollient
Dogrose Hips Seed Oil	Firms	Propylene Glycol	Humectant
Fragrance	Natural Botanical	Propylparaben	Preservative
Glyceryl Stearate	Humectant	Purified Water	Solvent
Glycerin	Humectant	Retinyl Palmitate (Vitamin A)	Antioxidant
Golden Seal Extract (Hydrastis Canadensis)	Heals	Safflower Oil	Moisturizer
Joboba Oil	Emollient	Stearyl Alcohol	Emollient
Magnesium Ascorbyl Phosphate (Stabilized Vitamin C)	Firms	Tocopherol (Vitamin E)	Antioxidant
BHT	Antioxidant	Carthamus Tinctorius (Safflower) Seed Oil	Moisturizer
PEG-100 Stearate	Emulsifier; Moisturizer	Stearic Acid	Emulsifier
Simmonosia Chinensis (Joboba) Seed Oil	Emollient	Echinacea Angustifolia Extract (Coneflower)	Calms
Achillea Millefolium Extract	Soothes	Triethanolamine	Adjusts pH
Ascorbic Acid Polypeptide	Antioxidant	Imidazolidinyl Urea	Preservative
Polysorbate 40	Emulsifier	Methylparaben	Preservative
Carbomer	Emulsifier		

ANTI-AGING MOISTURIZER



GLYCO-8™ is a triple performing 8% AHA treatment containing glycolic and fruit acids, Vitamins A, E and C and SPF-8. It significantly boosts the skin's renewal process, producing a superior transformation of the

complexion. The glycolic and fruit acids in Glyco-8 accelerate exfoliation, erasing surface wrinkles and revealing firmer, more radiant skin. The potent biological antioxidants in Glyco-8 aid the skin's natural ability to protect and repair itself.

How to Use: Apply to face and neck morning and evening. Also can be applied over Bio-A Concentrate and Pharma-C Serum for increased cellular renewal and firming benefits.

Key Ingredients: Glycolic Acid—Used for premium exfoliation benefits; penetrates through the epidermis to remove superficial free radicals and toxins, as well as dead skin cells. Mixed Fruit Acids (AHA)—Fruit acids used for their potent exfoliation effect on the skin. Magnesium Ascorbyl Phosphate (stabilized Vitamin C)—Used as an antioxidant to aid in firming and toning and to promote collagen production. Tocopherol (Vitamin E)—Used as a primary antioxidant to aid in firming and toning. Retinyl Palmitate (Vitamin A)—Used as an additional primary antioxidant to complete the blend of vitamin antioxidants for superior performance.

A Word From the Pharmagel Experts:

After cleansing, pay particular attention to areas around eyes, mouth and throat. ALPHA HYDROXY ACID bonds water to skin.

VITAMIN C supports cellular renewal and production of collagen (the skin's major structural support).

GLYCOLIC ACID is a natural ingredient found in sugar cane.

VITAMIN A helps retain VITAMIN C in the skin.

VITAMIN E is a powerful antioxidant that reverses the signs of aging.



HYDR0₂XY-10™, a lifting, firming and moisturizing lotion concentrate for the face and body, contains 10% Glycolic Acid and Salicylic Acid (BHA). BHA works at deeper levels in the skin for longer-lasting exfoliation and cellular renewal benefits. Glycolic Acid offers gentle, all natural exfoliation and cellular renewal. HydrO₂xy-10 also contains stabilized oxygen for rapid penetration, providing increased cellular renewal with lifting and firming benefits. A PABA-free sunscreen with SPF-6 protects skin from UVA and UVB rays. HydrO₂xy-10 revitalizes, firms and rejuvenates. Wrinkles, fine lines and sagging skin are diminished.

How to Use: Apply to face and body as a moisturizing treatment morning and evening.

Key Ingredients: Salicylic Acid (BHA)—Highly potent acid, with no irritation, promoting intense exfoliation without redness or drying. Penetrating to the lower layers of the dermis, this ingredient encourages deep-action cleansing. Tocopherol Acetate (Vitamin E)—Used as a primary antioxidant to firm and tone the skin. Safflower Oil—Provides additional moisture retention for skin's protection against everyday stresses. Glycolic Acid—Derived from sugar cane, this remarkable ingredient increases cellular renewal and smooths all skin types. Stabilized Oxygen—Increases cellular renewal.

A Word From the Pharmagel Experts:

SALICYLIC ACID works very well on oily skin because it is lipid soluble. It can penetrate the oil in pores and dissolve the dead skin cells stuck inside. It has been found to be less irritating than AHAs because it has anti-inflammatory properties.

STABILIZED OXYGEN gives skin cells a power boost for increased cellular activity.

SALICYLIC ACID improves the appearance of aging skin. It exfoliates, but will not irritate the skin.

TOCOPHEROL ACETATE (VITAMIN E) heals dehydrated and prematurely aging skin, giving it an even tone.

INGREDIENTS LIST AND PURPOSE			
Ascorbyl Palmitate	Antioxidant	Nettle Extract	Stimulant
Benzophenone-3	UV Protectant	Phenyl Trimethicone	Conditioner
Caprylic/Capric/ Stearic Triglyceride	Emollient	Propylene Glycol	Humectant
Cetearyl Alcohol and Ceteareth-20	Emollient	Propylparaben	Preservative
Cyclomethicone	Smooths	Purified Water	Solvent
Fragrance	Natural Botanical	Retinyl Palmitate (Vitamin A)	Antioxidant
Glyceryl Stearate and PEG-100 Stearate	Emulsifiers	Steareth-2	Emulsifier
Glycolic Acid	Exfoliant	Stearic Acid	Emulsifier
Green Tea Extract	Soothes	Sweet Almond Oil	Humectant
Methylparaben	Preservative	Tocopherol (Vitamin E)	Antioxidant
Magnesium Ascorbyl Phosphate (Stabilized Vitamin C)	Firms and Tones	Mixed Fruit Acids (AHA)	Exfoliants
Xanthan Gum	Emulsifier	Octyl Methoxycinnamate	UV Blocker

INGREDIENTS LIST AND PURPOSE			
Aloe Vera Juice	Heals and Soothes	Methylparaben	Preservative
Caprylic/Capric Triglyceride	Emollient	Octyl Palmitate	Emollient
Cetearyl Alcohol	Emulsifier	Ceteareth-20	Emollient
Purified Water	Solvent	Salicylic Acid (BHA)	Exfoliant
Dimethicone	Smooths	Sorbitan Stearate	Emulsifier
Ethylparaben	Preservative	Stabilized Oxygen	Stimulant
Fragrance	Natural Botanical	Carbomer	Emulsifier
Glycerin	Humectant	Safflower Oil	Emollient
Glyceryl Stearate	Emulsifier	Tocopherol Acetate (Vitamin E)	Antioxidant
Glycolic Acid	Cellular Renewal	PEG-100 Stearate	Emulsifier; Moisturizer
Hydrolyzed Wheat Protein	Conditioner	Hydrolyzed Wheat Starch	Humectant
Polysorbate 60	Emulsifier	Tetrasodium EDTA	Preservative
Octyl Methoxycinnamate	UV Blocker	Cetyl Alcohol	Emollient

ANTI-AGING SCRUB



ENZYMÉ EX-CELL® is an extremely gentle exfoliating dermal scrub with all natural polishing grains. It sloughs off dry, dulling skin cells and leaves skin with a finer, smoother texture. Enzymé Ex-Cell contains the anti-aging enzymes of the papaya plant. These enzymes encourage natural exfoliation and increase cell renewal. Skin has refined pores and improved color and tone. Men may use Enzymé Ex-Cell before shaving for a smoother, closer shave.

How to Use: After cleansing the face, apply Enzymé Ex-Cell to wet skin and massage gently. Rinse with lukewarm water and pat dry. Enzymé Ex-Cell also can be used as a body scrub.

Key Ingredients: Micronized Walnut Shell Powder—Used for exfoliation (will not tear the skin). Papaya Powder—Promotes cellular renewal through exfoliation. Menthol—Soothes the skin. Allantoin—Calms and soothes.

A Word From the Pharmagel Experts:

Exfoliation increases cellular renewal rates and improves skin texture. Skin throws off dead cells on the upper layer every four hours. It is the dead cells lying on the surface of the skin, combined with oils and other body wastes and atmospheric pollution, that make the face dirty.

Brushing and scrubbing will not dry the skin. Cleaning gets rid of the upper layer of dead skin cells, stimulating oil production and encouraging new cell growth. This enables moisturizers and creams to work more effectively.

The top layer of skin regenerates completely every few weeks. New cells travel up from the lower dermis to the surface of the epidermis, then gradually harden, die and fall off. In your 20s, dead skin cells are around for about three weeks without exfoliation. With age and sun damage, the process slows, and worn out cells may overstay by an additional 20 days or more. This makes the complexion look dull, dry and weather-beaten. It also prevents moisturizers from penetrating deep enough to do their job.

Women with oily skin may have blackheads and enlarged pores because dead cells plug the openings, preventing oil from flowing out. Exfoliating enhances the effectiveness of other products and helps skin look and feel more radiant.

Available in professional size.

INGREDIENTS LIST AND PURPOSE			
Allantoin (Comfrey)	Soothes	Papaya Powder	Exfoliant
Glyceryl Stearate SE	Emulsifier	Propylene Glycol	Humectant and Emulsifier
Walnut Shell Powder	Exfoliant	Magnesium Aluminum Silicate	Natural Thickener
Menthol	Soothes	Disodium Cocomphodipropionate	Cleansing Agent
Titanium Dioxide	Evens Skin Tone	Stearamidopropyl Dimethylamine	Antistatic Agent
Fragrance	Natural Botanical	Purified Water	Solvent
Methylparaben	Preservative	Propylparaben	Preservative
Papain	Exfoliant	Salicylic Acid	Exfoliant

ANTI-AGING MASQUE



NUTRA-LIFT™ is a quick drying masque for all skin types showing signs of stress, fatigue and dullness. It is formulated to work with the skin's repair and renewal cycle. The essential vitamins, enzymes and humectants in Nutra-Lift are transported to skin cells through Pharmagel's Liposome System. Skin will be firmer, look more youthful and have increased moisture retention. Glycolic Acid and antioxidant Vitamins B, C and E stimulate collagen production to minimize facial contours. Nutra-Lift is very effective on acne.

How to Use: Use two to three times per week. After applying, allow to set for 15 to 30 minutes for active ingredients to be absorbed, then rinse face with lukewarm water and pat dry.

Key Ingredients: Glycolic Acid—Promotes cellular renewal. Sodium Hyaluronate—Humectant used to bond moisture to the skin. Magnesium Ascorbyl Phosphate (stabilized Vitamin C)—Improves elasticity and encourages natural collagen production. Tocopherol (Vitamin E)—Antioxidant used to reverse and repair signs of aging. Panthenol (Vitamin B)—Antioxidant used for improving complexion and condition. Allantoin (Comfrey)—Skin soothing agent. Coneflower Extract—An anti-inflammatory that offers calming benefits, as well as firming, soothing, relaxing and softening the skin.

A Word From the Pharmagel Experts:

GLYCOLIC ACID bonds water to skin.

VITAMIN C supports cellular renewal and production of collagen (the skin's major structural support). As a primary antioxidant, it sweeps out and neutralizes free radicals (unstable oxygen molecules responsible for the breakdown of cells that precede disease).

Wrinkles can be minimized with a stabilized form of VITAMIN C, such as MAGNESIUM ASCORBYL PHOSPHATE.

TOCOPHEROL ACETATE is a powerful antioxidant. It is the most potent form of VITAMIN E.

Available in professional size.

INGREDIENTS LIST AND PURPOSE			
Allantoin (Comfrey)	Soothes	Lactic Acid	Firms
Bentonite	Drawing Agent	Malic Acid	Firms
Citric Acid	Firming	Methylparaben	Preservative
Coneflower Extract	Firming	Panthenol (Vitamin B)	Humectant
Fragrance	Botanical Fragrance	Propylparaben	Preservative
Glycerin	Humectant	Purified Water	Solvent
Glycolic Acid	Firms	Tartaric Acid	Firms
Kaolin	Absorbent	Tocopherol (Vitamin E)	Antioxidant
Magnesium Ascorbyl Phosphate (Stabilized Vitamin C)	Firms; Builds Collagen	Magnesium Aluminum Silicate	Natural Thickener
Titanium Dioxide	Evens Skin Tone	Chamomilla Recutita Matricaria (Chamomile) Extract	Soothes and Heals
Sodium Hyaluronate	Binds Moisture		

ANTI-AGING SPECIALIZED TREATMENT



DERMA FADE® is a remarkable and unique fading crème that is the first Hydroquinone-free product. It contains three powerful antioxidants and fading ingredients that are all natural. Additionally, it

contains SPF-15 PABA-free sunscreens that filter both UVA and UVB radiation. Derma Fade reduces skin damage and the excess production of melanin, which is the cause of brown spots or age spots. The breakthrough ingredients in Derma Fade have been proven to inhibit the production of new melanin and to fade existing melanin. Skin will show a visible improvement with a more even, flawless skin tone.

How to Use: Apply Derma Fade to age spots and skin discolorations morning and evening.

Key Ingredients: Kojic Dipalmitate—For fading benefits. Licorice Extract—A mild antioxidant that inhibits the production of tyrosinase, an enzyme produced by the body to start the production of melanin (pigmentation). Green Tea Extract—Helps skin combat free radicals. Octyl Methoxycinnamate and Octyl Benzophenone—Noncomedogenic, PABA-free sunscreen components for both UVA and UVB protection at SPF-15.

A Word From the Pharmagel Experts:

VITAMIN C supports cellular renewal and production of collagen (the skin's major structural support). As a primary antioxidant, it sweeps out and neutralizes free radicals (unstable oxygen molecules responsible for the breakdown of cells that precede aging and disease).

Skin discoloration often plagues aging skin. Studies in Japan report good results from products containing LICORICE and stabilized forms of VITAMIN C.

LICORICE makes a great natural alternative to harsh chemical skin lighteners or bleaching agents. LICORICE EXTRACT helps prevent erythema (skin redness caused by irritation), which triggers melanin production.

GREEN TEA EXTRACT combats free radicals.

INGREDIENTS LIST AND PURPOSE			
Allantoin (Comfrey)	Calms	Magnesium Ascorbyl Phosphate (Stabilized Vitamin C)	Firms; Builds Collagen
Octyl Methoxycinnamate and Octyl Benzophenone	UVA/UVB Blockers	Methylparaben	Preservative
Purified Water	Solvent	Myristyl Myristate	Preservative
Glyceryl Stearate	Emulsifier	Panthenol (Vitamin B)	Humectant
Green Tea Extract	Antioxidant	PEG-100	Emulsifier
Hydroxyethylcellulose	Emulsifier	Propylene Glycol	Humectant
Kojic Dipalmitate	Fading Agent	Tetrasodium EDTA	Preservative
Licorice Extract	Fading Agent	Fragrance	Natural Botanical
Octyl Salicylate	Sunscreen	Octyl Palmitate	Emollient
Cetearyl Alcohol	Emollient	Methyl Polysiloxane	Smooths
Stearic Acid	Emulsifier	Triethanolamine	Adjusts pH
Phenoxyethanol	Aromatic	Titanium Dioxide	UVA/UVB Blocker



SLENDER SHAPER® contains a reducing formula that increases fat metabolism while smoothing and toning the skin. This extraordinary formula is rich in DMAE, Alpha Lipoic Acid, Seaweed Extract and high-potency herbal actives. Extended release, flavonol-rich Red Clover, Green Tea and Cocoa wake up circulation to help move fat-trapping fluids. Fatty areas of the body, neck and chin melt away as fat and water are excreted from skin cells. Cellulite starts to disappear and skin becomes smoother. Slender Shaper also can be used as a body moisturizing treatment. It absorbs easily into the skin to work deep beneath the dermis. This results in more slender body contours, smoother skin and a reduction in cellulite in just two weeks. Slender Shaper is great for massage therapy techniques. It is a nongreasy formulation.

How to Use: Massage into skin until thoroughly absorbed in an upward-lifting motion to body contours, neck and chin. Use twice daily.

Key Ingredients: Aloe Vera—Soothes and protects. Thiocctic Acid—An antioxidant. Seaweed Extract—Enhances skin cell's ability to use oxygen. Camellia Extract—An antioxidant. Cacao (Cocoa) Extract, Mannentake Mushroom Extract and Shitake Mushroom Extract—Assist with fat metabolism. Clover Flower Extract—Anti-inflammatory and decongestant. Magnesium Aspartate—Assists with cell absorption. Copper Gluconate—Firms and tones.

A Word From the Pharmagel Experts:

Slender Shaper is great for massage therapy. It is not greasy and works very well on sagging neck and chin areas. A small amount will last through the entire massage. It also can be used as a body moisturizing treatment because it absorbs easily into the skin and works deeply beneath the dermis.

Cellulite begins to disappear as circulation to the skin is increased and the skin becomes smoother.

Available in professional size.

INGREDIENTS LIST AND PURPOSE			
Butylene Glycol	Moisturizer	Iodine	Antiseptic
Cyclopentasiloxane	Lubricant; Emollient	Lauryl PEG/PPG-18/18	Surfactant
Denatured Alcohol	Antibacterial	Methicone	Sun Protection
Cyclomethicone	Emollient	Fragrance	Natural Botanical
Caprylic/Capric Triglyceride	Lubricant; Emollient	Dimethyl MEA	Stimulant
PEG/PPG-18/18 Dimethicone	Stimulant	Magnesium Aspartate	Cell Absorption
Caffeine	Stimulant	Zinc Gluconate	Aids Penetration
Thiocctic Acid (Alpha Lipoic Acid)	Antioxidant	Copper Gluconate	Firms and Tones
Yeast Extract	Antioxidant; Moisturizer	Tetrasodium EDTA	Assists Antioxidants
Aloe Barbadosensis Leaf Juice	Humectant; Moisturizer	Phenoxyethanol	Aromatic
Algae (Seaweed) Extract	Oxygenation	Parabens	Preservatives
Camellia Sinensis Leaf Extract	Antioxidant	Caramel	Aromatic
Lactobacillus/Theobroma Cacao (Cocoa) Ferment Extract	Fat Metabolism	Lactobacillus/Lentinus (Shitake Mushroom) Ferment Extract	Fat Metabolism
Lactobacillus/Ganoderma Lucidum (Mannentake Mushroom) Ferment Extract	Fat Metabolism	Lactobacillus/Trifolium Pratense (Clover Flower) Ferment Extract	Anti-Inflammatory; Fat Metabolism
Camellia (Sinensis Leaf) Ferment Extract	Fat Metabolism	Purified Water	Solvent

PHARMA CLEAR® ACNE TREATMENT SYSTEM



STEP 1—PHARMA CLEAR® ANTI-BACTERIAL CLEANSER:

Pharma Clear's medically proven, antibacterial cleanser breaks the repetitive bacterial chain of acne producing comedones. Acne is a chronic inflammatory disease of the sebaceous hair follicles. It affects all ages, all races and both genders. When sebum is trapped within the hair follicle, skin bacterium multiplies within the clogged pore and produces the unsightly condition known as acne. Pharma Clear Anti-Bacterial Cleanser works deeply, but gently, to remove excess oil and dead skin cells. This unique formula also calms inflamed tissue and encourages fast healing.

How to Use: Apply Pharma Clear Anti-Bacterial Cleanser morning and evening. Rinse thoroughly and pat dry. Pharma Clear Anti-Bacterial Cleanser is recommended for oily skin types.

Key Ingredients: Malaleuca Alternifolia (Tea Tree Oil)—Antibacterial; Copper—Firms; Triclosan—Fights bacteria.

STEP 2—PHARMA CLEAR® ACNE TREATMENT CONCENTRATE:

Pharma Clear Acne Treatment Concentrate is a medically proven remedy for acne. It is a fast-acting formula containing anti-inflammatory ingredients, antibacterial agents and salicylates that clear and heal skin. Pharma Clear Acne Treatment Concentrate is a powerhouse solution targeted at breaking the repetitive cycle of existing acne and future breakouts. This pharmaceutical grade formula controls and manages the cause of blemishes, oil secretion and cell buildup. The super performing ingredients in Pharma Clear Acne Treatment Concentrate reduce the inflammation and redness associated with acne as they heal, calm and smooth skin blemishes.

How to Use: Apply Pharma Clear Acne Treatment Concentrate sparingly to blemishes morning and evening after cleansing.

Key Ingredients: Salicylic Acid (Beta Hydroxy Acid)—Penetrates deeply for long-lasting exfoliation; Willow Bark Extract—Antiseptic; Triclosan—Fights bacteria.

STEP 3—PHARMA CLEAR® MEDICATED MOISTURIZER:

Pharma Clear Medicated Moisturizer protects and nourishes acne prone skin with a blanket of clinically-proven ingredients that moisturize, heal and balance. Pharma Clear Medicated Moisturizer contains Sodium PCA, Vitamins A and E, Copper, Sodium Hyaluronate and anti-inflammatory ingredients that provide a moisturizing and calming protective mantle of repair and rejuvenation. Pharma Clear Medicated Moisturizer will not clog or inflame pores. The lightweight base of super performing ingredients is also effective on oily complexions because the ingredients balance, correct and normalize oily skin types. Mature skin, with excessive oil and acne, benefits

from the anti-aging properties of this miraculous moisturizer. Skin is reprogrammed to act young again. Vitamins and anti-inflammatories work to repair sagging and wrinkled skin.

How to Use: Apply morning and evening after cleansing and after using Pharma Clear Acne Treatment Concentrate. Pharma Clear Medicated Moisturizer is effective in correcting Rosacea. It is also recommended for oily skin types.

Key Ingredients: Sodium PCA—Moisturizes; Sodium Hyaluronate—Humectant; Tocopherol (Vitamin E)—Antioxidant that promotes tissue growth; Copper—Firms.

A Word From the Pharmagel Experts:

Rosacea, also referred to as Acne Rosacea, can be treated successfully with Pharma Clear Anti-Bacterial Cleanser and Moisturizer. Rosacea is characterized by great redness of the cheeks and nose and accompanied by pustular enlargements on the surface of the skin.

It is important to moisturize oily skin. When oily skin gets dry, the sebaceous glands work even harder to produce more oil.

SODIUM PCA and HYALURONIC ACID are effective humectants for moisturizing oily and acne skin.

COPPER is an effective ingredient in treating acne and oily skin types. This remarkable ingredient calms irritated and inflamed skin and has anti-aging benefits.

INGREDIENTS LIST AND PURPOSE (CLEANSER)			
Bisabolol	Anti-Inflammatory	Panthenol	Moisturizer
Cocamidopropyl Betaine	Surfactant	Sodium Laureth Sulfate	Cleanser
Disodium EDTA	Preservative	Soyamidopropyl Betaine	Surfactant
Disodium EDTA—Copper	Repairs Tissue; Antibacterial	Triclosan	Antibacterial
Melaleuca Alternifolia (Tea Tree) Leaf Oil	Antibacterial	Purified Water	Solvent
Methylparaben	Preservative		

INGREDIENTS LIST AND PURPOSE (CONCENTRATE)			
Dehydroxanthan Gum	Stabilizer	Propylparaben	Preservative
Disodium EDTA	Preservative	Salix Alba (Willow) Bark Extract	Salicylate
Isopropyl Alcohol	Solvent and Antibacterial	Triclosan	Antibacterial
Methylparaben	Preservative	Purified Water	Solvent
Propylene Glycol	Solvent	Salicylic Acid	Exfoliant

INGREDIENTS LIST AND PURPOSE (MOISTURIZER)			
Aminomethyl Propanol	Neutralizer	Panthenyl Ethyl Ether	Moisturizer
Benzyl Alcohol	Antibacterial and Anesthetic	PEG-40 Hydrogenated Castor Oil	Emulsifier
Bisabolol	Anti-Inflammatory	Propylparaben	Preservative
Carbomer	Stabilizer	Retinyl Acetate (Vitamin A)	Antioxidant
Disodium EDTA	Preservative	Sodium Hyaluronate	Humectant
Disodium EDTA—Copper	Repairs Tissue; Antibacterial; Slows Sebaceous Gland Activity	Sodium PCA	Moisturizer
Ethylparaben	Preservative	Tocopheryl Acetate (Vitamin E)	Antioxidant
Glycerin	Moisturizer	Purified Water	Solvent
Methylparaben	Preservative		

PHARMAGEL® FIRMING FACIAL



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- 1 Cleanse face, neck and décolletage with HYDRA CLEANSE. Massage gently, then remove with warm water. Apply BOTANICAL TONIQUE for final cleanse.
- 2 Apply ENZYME EX-CELL in a light circular motion. The gentle formula contains rounded polishing grains and anti-aging pineapple and papaya enzymes to naturally exfoliate skin and increase cellular renewal. Remove with warm water.
- 3 Lightly spray face with BOTANICAL TONIQUE. This exotic, alcohol-free toner contains Passion Flower Extract to firm the skin while helping to tighten pores. Follow with facial steamer or apply hot towels for 15 minutes before reapplying BOTANICAL TONIQUE.
- 4 Apply PHARMA-C SERUM to eye areas to help strengthen the connective tissues and promote collagen formation. Allow the product, which contains a stabilized form of Vitamin C, to penetrate for 60 seconds.
- 5 Massage with SLENDER SHAPER to increase stimulation. Remove with warm towel. Spray face again with BOTANICAL TONIQUE.
- 6 Using a brush or finger-tips, apply a generous layer of NUTRA-LIFT, avoiding eye and lip areas. Suitable for all skin types, NUTRA-LIFT contains vitamins, enzymes and humectants to balance, nourish and firm skin.
- 7 To help the client relax and to reduce puffiness in the eye area, apply COMPLEXE EYE BEAUTÉ herbal eye pads while the masque is working.
- 8 After 20 minutes, carefully remove COMPLEXE EYE BEAUTÉ herbal eye pads, then remove NUTRA-LIFT carefully with warm water.
- 9 Reapply PHARMA-C SERUM OR BIO-A CONCENTRATE, allowing it to penetrate, before applying a Pharmagel moisturizer to face and neck area to hydrate and repair.
- 10 Complete treatment with a sparing application of COMPLEXE EYE FIRMÉ or EYE PROTÉ to eye contours to lift and smooth.

Therapist: Najma Ansari

Location: Profile Aesthetics, Croydon, Surrey

Photographer: Richard Eaton

SPECIAL TREATMENTS

FULL FACIAL TREATMENT

CLEANSE

1. Remove make-up with HYDRA CLEANSE.
2. Apply HYDRA CLEANSE to face, throat and décolletage with warm or cool water. Remove with sponges or cotton pads. Pat dry.
3. Recleanse, if necessary. Rinse thoroughly.
4. Spray BOTANICAL TONIQUE in a fine mist over face, throat and décolletage.
5. Apply PHARMA-C SERUM, then COMPLEXE EYE FIRMÉ or EYE PROTÉ to the eye area.

DEEP CLEANSE

Optional: Begin steaming. Use warm steam for normal or dry skin and cool steam for oily or acne skin. Steam will increase enzyme penetration.

6. Using a masque brush or fingers, quickly apply ENZYMÉ EX-CELL in a thin layer on the face and throat (décolletage optional).
Option 1: Use facial scrub brush or fingers to gently work the granules on the skin and increase exfoliation.
Option 2: Use brush machine.
7. After exfoliating, apply either a warm or cool towel, depending on the skin type. Remove product with towel, followed by sponges or cotton pads. Rinse thoroughly. Steaming time should be 10 to 15 minutes.
8. Extract, if necessary. BE SURE TO WEAR GLOVES FOR EXTRACTIONS. Follow with BOTANICAL TONIQUE on extracted areas.

NOURISH

9. Apply a small amount of PHARMA-C SERUM or BIO-A CONCENTRATE to the face and throat. Allow 60 seconds to absorb into the dermis.
10. Give a relaxing massage with SLENDER SHAPER.
Option 1: Add an Eye Treatment.
11. Apply a medium layer of NUTRA-LIFT. Avoid eye area. Let set for 10 to 15 minutes. Remove with warm moist towels. Rinse thoroughly, using sponges or cotton pads and warm water.

FINISH

12. Spray BOTANICAL TONIQUE on skin or apply with cotton or sponge. Allow product to dry.
Option 1: For mature skin, reapply a small amount of PHARMA-C SERUM or BIO-A CONCENTRATE to face and throat. Allow to penetrate for 60 seconds.
13. Apply an appropriate Pharmagel moisturizer for skin type in a light layer.

MINI FACIAL TREATMENT

CLEANSE

1. Remove make-up with HYDRA CLEANSE.
2. Apply HYDRA CLEANSE to face, throat and décolletage with warm or cool water. Remove with sponges or cotton pads. Pat dry.
3. Recleanse, if necessary. Rinse thoroughly.
4. Spray BOTANICAL TONIQUE in a fine mist over face, throat and décolletage.
5. Apply PHARMA-C SERUM, then COMPLEXE EYE FIRMÉ or EYE PROTÉ to the eye area.

DEEP CLEANSE

Optional: Begin steaming. Use warm steam for normal or dry skin and cool steam for oily or acne skin. Steam will increase enzyme penetration.

6. Using a masque brush or fingers, quickly apply ENZYMÉ EX-CELL in a thin layer on the face and throat (décolletage optional).
7. After scrubbing, apply either a warm or cool towel, depending on skin type. Remove product with towel, followed by sponges or cotton pads. Rinse thoroughly. Steaming time should be 10 to 15 minutes.

NOURISH

8. Apply a small amount of PHARMA-C SERUM or BIO-A CONCENTRATE to face and throat. Allow 60 seconds to absorb into the dermis.
9. Apply a medium layer of NUTRA-LIFT. Avoid eye area. Let set for 10 to 15 minutes. Remove with warm moist towels. Rinse thoroughly, using sponges or cotton pads and warm water.
10. Spray BOTANICAL TONIQUE on skin or apply with cotton or sponge. Allow product to dry.

FINISH

11. Reapply COMPLEXE EYE FIRMÉ or EYE PROTÉ to eye area.
Option 1: For mature skin, reapply a small amount of PHARMA-C SERUM or BIO-A CONCENTRATE to face and throat. Allow to penetrate for 60 seconds.
12. Apply an appropriate Pharmagel moisturizer for skin type in a light layer.

SPECIAL TREATMENTS

ACNE FACIAL TREATMENT

CLEANSE

1. Remove make-up with HYDRA CLEANSE. Cleanse with PHARMA CLEAR Anti-Bacterial Cleanser.
2. Cleanse face, throat and décolletage with PHARMA CLEAR Anti-Bacterial Cleanser. Remove with cool, moist towels or cotton pads. Sponges are not recommended with Grade 3 and 4 acne. Pat dry.
3. Recleanse, if necessary. Rinse thoroughly with cool water.

DEEP CLEANSE

4. Using a masque brush or fingers, apply ENZYMÉ EX-CELL gently in a thin layer on the face and throat (décolletage optional).
Option 1: Two pumps of HYDRO₂XY-10 may be added to the ENZYMÉ EX-CELL for an exfoliant and masque.
Option 2: Gently use a facial scrub or brush or fingers to work the granules on the skin and increase exfoliation. Work in circular motions.
5. After scrubbing, apply a lukewarm towel (cool 3 to 5 minutes). Remove product with towel, followed by sponges or cotton pads. Rinse thoroughly. Steam face 5 to 10 minutes.
Option 1: (Use Only with Extractions) If steamer is not available, use hot towels for 5 to 10 minutes. Reapply hot towels as they cool.
6. Extract. BE SURE TO WEAR GLOVES FOR EXTRACTIONS AND REMAINDER OF FACIAL.
7. Follow with BOTANICAL TONIQUE on extracted areas.
Option 1: High frequency may be used over extracted areas to kill bacteria.

NOURISH

8. Give a relaxing pressure point massage to only face, neck and acne area. No moisturizer is needed. For décolletage and shoulders, massage with SLENDER SHAPER. After massage, be sure to remove any excess product with cool towels.
9. Apply a medium layer of NUTRA-LIFT. Avoid eye area. Let set for 10 to 15 minutes. Remove with cool, moist towels. Rinse thoroughly, using sponges or cotton pads and cool water.
Option 1: Add an Eye Treatment.
10. Spray BOTANICAL TONIQUE on skin or apply with cotton or sponge. Allow product to dry.
11. PHARMA CLEAR Acne Treatment Concentrate should be applied to blemishes. Allow to dry before applying serums and final moisturizer.

FINISH

12. Apply a small amount of PHARMA-C SERUM or BIO-A CONCENTRATE to face and throat. Allow to penetrate for 60 seconds.
13. Apply BETA-C, HYDRO₂XY-10 or PHARMA CLEAR Medicated Moisturizer in a lighter layer than used previously.

TISSUE TREATMENT

Use this treatment for sluggish skin with poor color or circulation.

CLEANSE

1. Remove make-up with HYDRA CLEANSE.
2. Apply HYDRA CLEANSE to face, throat and décolletage; warm or cool water emulsion. Remove with sponges or cotton pads.
3. Rinse thoroughly. Pat dry.

NOURISH

4. Spray BOTANICAL TONIQUE in a fine mist over face, throat and décolletage.
5. Apply PHARMA-C SERUM, then COMPLEXE EYE FIRMÉ or EYE PROTÉ to the eye area.
6. Apply a small amount (approximately the size of a quarter) of PHARMA-C SERUM to the face and throat. Allow 60 seconds to absorb into the dermis.
7. Add an equal amount of FIRMA DERM to NUTRA-LIFT. Mix and apply. Avoid eye area. Let set for 10 to 15 minutes. Remove with warm water. Rinse thoroughly, using sponges or cotton pads and warm water.
Option 1: For extra pampering, apply COMPLEXE EYE BEAUTÉ herbal pads to the eye area while NUTRA-LIFT mixture is working.
Option 2: Add an eye treatment.

FINISH

8. Spray BOTANICAL TONIQUE on skin or apply with cotton pads or sponges. Allow product to dry.
9. Reapply PHARMA-C SERUM or BIO-A CONCENTRATE and COMPLEXE EYE FIRMÉ or EYE PROTÉ to the eye area.
10. Apply an appropriate Pharmagel moisturizer for skin type in a light layer.

NOTE: This treatment does not contain an exfoliation nor a massage. Treatment time is 30 to 35 minutes. Cost is less than a full facial, yet such treatments are ideal to book between full facial treatments lasting longer than one hour.

SPECIAL TREATMENTS

COUPEROSE TREATMENT

Use this treatment for broken capillaries.

CLEANSE

1. Cleanse décolletage, throat, face, eyes and lips with FLEUR-5 PLUS Cleansing Bar and distilled water or HYDRA CLEANSE.
2. Rinse with sponge or cotton pads. Pat dry.

DEEP CLEANSE

Optional: Begin steaming. Do not heat face.

3. Extract only if the skin can tolerate treatment. Be very gentle with the skin.
4. Spray BOTANICAL TONIQUE on face, if extractions were done.

NOURISH

5. Mix equal amounts, approximately the size of a quarter, of FIRMA DERM and NUTRA-LIFT. Apply the mixture with a facial brush. Place COMPLEXE EYE BEAUTÉ herbal pads over the eye area. Leave on for 5 to 15 minutes. Remove with warm water. Rinse thoroughly, using sponges or cotton pads and warm water.
6. Spray BOTANICAL TONIQUE on skin or apply with cotton or sponge. Allow product to dry.
7. Massage face, neck and décolletage with FIRMA DERM.

FINISH

8. Apply PHARMA-C SERUM or BIO-A CONCENTRATE on the face and throat. Allow to penetrate for 60 seconds.
9. Apply FIRMA DERM to couperose areas.
10. Apply an appropriate Pharmagel moisturizer for skin type in a light layer.

EXFOLIATING WRAP

ENZYMÉ EX-CELL Exfoliating Mixture: Mix equal parts of ENZYME EX-CELL and HYDRO₂XY-10.

1. Place client face down on table.
2. Exfoliate body with ENZYME EX-CELL Exfoliating mixture.
3. Remove with warm towels.
4. Have client turn over, face up, and repeat Steps 2 and 3.
5. Wrap the client in the warm linens.
6. Cocoon client with plastic and space blanket.
7. Keep the client wrapped for about 15 minutes. Stay in the room. CHECK CLIENT EVERY 5 MINUTES. Place cool compress on forehead and COMPLEXE EYE BEAUTÉ herbal pads on eyes. Do a 5 minute scalp massage to relax client.
8. Unwrap client.
9. Massage FIRMA DERM over entire body.

MASQUES

DEHYDRATED SKIN

1. Mix equal parts of FIRMA DERM and NUTRA-LIFT. Apply to face, throat and décolletage.
2. Leave masque on for 15 to 20 minutes.
3. Remove with warm towels.
4. Spray BOTANICAL TONIQUE on face, throat and décolletage.
5. Apply an appropriate Pharmagel moisturizer for skin type in a light layer.

OILY SKIN/RESURFACING MASQUE

1. Mix equal parts of ENZYME EX-CELL and HYDRO₂XY-10. Apply to face, throat and décolletage.
2. Leave masque on for 15 minutes.
3. Remove with cool towels.
4. Spray BOTANICAL TONIQUE on face, throat and décolletage.
5. Apply an appropriate Pharmagel moisturizer for skin type in a light layer.

COMBINATION SKIN

1. Apply NUTRA-LIFT to face, throat and décolletage.
2. Leave masque on for 15 to 20 minutes.
3. Remove with warm towels.
4. Spray BOTANICAL TONIQUE on face, throat and décolletage.
5. Apply an appropriate Pharmagel moisturizer for skin type in a light layer.

HYDRATING BODY WRAP

1. Place client face down on the table.
2. Exfoliate the body with mitts. Remove with warm towels.
3. Massage SLENDER SHAPER into body. Make sure it is absorbed.
4. Have client turn over (face up).
5. Repeat Steps 2 and 3.
6. Massage in FIRMA DERM. Do not rub in completely.
7. Paint paraffin on legs and wrap in plastic. Repeat this on buttocks, stomach and arms. VERY IMPORTANT: DO NOT COVER THE LYMPH AREA.
8. Place client face up on table and wrap in plastic and electric blanket.
9. Keep the client wrapped for about 15 minutes. Stay in the room. CHECK CLIENT EVERY 5 MINUTES. Place cool compress on forehead and COMPLEXE EYE BEAUTÉ herbal pads on eyes. Do a 5 minute scalp massage to relax client.
10. Remove plastic and paraffin.
11. Massage FIRMA DERM over entire body.

SPECIAL TREATMENTS

EYE TREATMENT #1

A great treatment for the morning after the night before! Can be done during client's lunch hour or whenever you have 20 to 30 minutes.

CLEANSE

1. Remove make-up with HYDRA CLEANSE.
2. Rinse face with warm or cool water, using sponges or cotton pads. Pat dry.
3. Spray BOTANICAL TONIQUE in a fine mist over face.

NOURISH

4. Gently pat one pump of PHARMA-C SERUM around the orbital region. Allow to absorb. DO NOT RUB eye area.
5. Apply COMPLEXE EYE BEAUTÉ pads to eyes and let set for 10 to 15 minutes. Pads may be refrigerated for extra anti-inflammatory benefit.

FINISH

6. Remove COMPLEXE EYE BEAUTÉ pads.
7. Apply EYE PROTÉ or COMPLEXE EYE FIRMÉ around the entire eye area, including the lid, with a light patting motion. It is better to use EYE PROTÉ for mature skin. Allow to dry.

EYE TREATMENT #2

Do this treatment during down time on the floor (when processing hair color or perm or when nails are drying). This treatment will absorb through make-up.

1. Gently apply pressure-point massage around orbital and temporal area for 5 minutes.
2. Apply one pump of PHARMA-C SERUM around orbital area of the eyes in a gentle patting motion. DO NOT RUB eye area.
3. Cut a COMPLEXE EYE BEAUTÉ herbal eye pad in half and apply one half to each under eye area for 5 to 15 minutes.
4. Remove COMPLEXE EYE BEAUTÉ pads.
5. Apply EYE PROTÉ around orbital area of the eyes in a patting motion. DO NOT RUB eye area. Allow to dry.

NOTE: A full eye pad is recommended when this eye treatment is part of a full-service body treatment.

DETOXIFYING HERBAL WRAP

Optional: Ask whether client would like to choose an aroma to be added to the towels.

1. Place client face down on the table.
2. Exfoliate the body with mitts. Remove with warm towels.
3. Massage SLENDER SHAPER into skin with effleurage motion.
4. Have client turn over (face up).
5. Repeat Steps 2 and 3.
6. Wrap the client in the warm linens.
7. Cocoon client with plastic and space blanket.
8. Keep the client wrapped for about 15 minutes. Stay in the room. CHECK CLIENT EVERY 5 MINUTES. Place cool compress on forehead and COMPLEXE EYE BEAUTÉ herbal pads on eyes. Do a 5 minute scalp massage to relax client.
9. Unwrap the client.
10. Massage FIRMA DERM over entire body.

HAND AND FOOT TREATMENT

A great add-on service. This service may be done before starting the facial, with client sitting, or during the steaming section of the facial.

CLEANSE

1. Cleanse one hand or foot at a time with HYDRA CLEANSE or SHOWER SOUFFLÉ.
2. Rinse with warm or cool water. Remove with a moist, warm towel.
3. Massage with ENZYME EX-CELL. For increased exfoliation, add two pumps of HYDRÖ₂XY-10
4. Remove product with moist towel. Spray with BOTANICAL TONIQUE.

NOURISH

5. Gently apply a generous amount of appropriate Pharmagel moisturizer to hand or foot and wrap in cellophane or a plastic bag. Tuck hand or foot under blanket.
Option 1: Apply PHARMA-C SERUM. Let dry. Add FIRMA DERM or HAND THERAPÉ and wrap hands.
Option 2: Electric or terry cloth mitts may be used.

FINISH

6. Remove the mitts or wrap. Remove product with hot towels.
7. Spray hands and feet with BOTANICAL TONIQUE.
8. Massage feet with HYDRÖ₂XY-10 or use FIRMA DERM or HAND THERAPÉ on both hands and feet.

NOTE: NUTRA-LIFT may be added after the moisture penetration step for a spa hand or foot service. Paraffin dip may be substituted for electric mitts or used with electric mitts.

HOME CARE REGIMENS

NORMAL SKIN STARTER REGIMEN		
STEP	PRODUCT	USES
1	Hydra Cleanse	Use AM and PM to cleanse face and remove make-up.
2	Botanical Tonique	Use AM and PM to tone face.
3	Pharma-C Serum or Bio-A Concentrate	Use AM and PM on face, throat and around eye area before moisturizing.
4	Glyco-8 or DN-24 Hydracrème or Firma Derm or HydrO ₂ xy-10	Use AM and PM to moisturize face.
5	Enzymé Ex-Cell	Use once a week to remove dead skin cells.
6	Nutra-Lift	Use once a week to hydrate and firm skin.
7	Complexe Eye Firmé or Eye Proté	Use AM and PM.

DRY SKIN STARTER REGIMEN		
STEP	PRODUCT	USES
1	Hydra Cleanse	Use AM and PM to cleanse face and remove make-up.
2	Botanical Tonique	Use AM and PM to tone face.
3	Pharma-C Serum or Bio-A Concentrate	Use AM and PM on face, throat and around eye area before moisturizing.
4	DN-24 Hydracrème Firma Derm or Glyco-8	Use AM and PM to moisturize face.
5	Enzymé Ex-Cell	Use once a week to remove dead skin cells.
6	Nutra-Lift	Use once a week to hydrate and firm skin.
7	Complexe Eye Firmé or Eye Proté	Use AM and PM.

TEEN AND YOUNG ADULT STARTER REGIMEN		
STEP	PRODUCT	USES
1	Hydra Cleanse or Pharma Clear Anti-Bacterial Cleanser or Fleur-5 Plus Cleansing Bar	Use AM and PM to cleanse face.
2	Botanical Tonique	Use AM and PM to tone face.
3	Pharma Clear Acne Treatment Concentrate or Bio-A Concentrate	Use AM and PM before moisturizer, if prone to acne
4	Beta-C or HydrO ₂ xy-10 or Pharma Clear Medicated Moisturizer	Use AM and PM to moisturize face.
5	Enzymé Ex-Cell	Use twice weekly.

ANTI-AGING STARTER REGIMEN		
STEP	PRODUCT	USES
1	Hydra Cleanse	Use AM and PM to cleanse face.
2	Botanical Tonique	Use AM and PM to tone face.
3	Pharma-C Serum or Bio-A Concentrate	Use AM and PM on face, throat and around eye area before moisturizing.
4	Glyco-8 or Beta-C or DN-24 Hydracrème or Firma Derm or HydrO ₂ xy-10	Use AM and PM over Pharma-C Serum or Bio-A Concentrate to moisturize face.
5	Enzymé Ex-Cell	Use once a week to remove dead skin cells.
6	Nutra Lift	Use once a week to hydrate and firm skin.
7	Complexe Eye Firmé or Eye Proté	Use AM and PM.

OILY SKIN AND ACNE SKIN STARTER REGIMEN		
STEP	PRODUCT	USES
1	Pharma Clear Anti-Bacterial Cleanser or Fleur-5 Plus Cleansing Bar	Use AM and PM to cleanse face.
2	Botanical Tonique	Use AM and PM to tone face.
3	Enzymé Ex-Cell or Nutra-Lift	Use twice weekly. Removes dead skin cells.
4	Pharma Clear Acne Treatment Concentrate or Bio-A Concentrate	Use AM and PM on face and throat before moisturizing.
5	Beta-C or HydrO ₂ xy-10 or Pharma Clear Medicated Moisturizer	Use AM and PM to moisturize face.
6	Complex Eye Firmé or Eye Proté	Use AM and PM.

MALE SKIN STARTER REGIMEN		
STEP	PRODUCT	USES
1	Enzymé Ex-Cell	Use before shaving to remove dead skin cells.
2	Hydra Cleanse or Fleur-5 Plus Cleansing Bar	Use AM and PM to cleanse face.
3	Botanical Tonique	Use AM and PM to tone face.
4	Pharma-C Serum or Bio-A Concentrate	Use after shaving to heal nicks, cuts, bumps and rashes.
5	Firma Derm or HydrO ₂ xy-10	Use AM and PM to moisturize face.
6	Complex Eye Firmé or Eye Proté	Use AM and PM.

CO₂ LASER FACIAL RESURFACING

PRE-OPERATIVE SKIN CARE REGIMEN		
BEGIN TWO WEEKS BEFORE SURGERY		
AM	Hydra Cleanse	Wash; rinse with lukewarm water.
	Botanical Tonique	Tone.
	Glyco-8	Moisturize.
PM	Hydra Cleanse	Wash; rinse with lukewarm water.
	Botanical Tonique	Tone.
	Glyco-8	Moisturize.

PRE-OPERATIVE SKIN CARE REGIMEN		
THREE TIMES PER WEEK AM OR PM		
	Hydra Cleanse	Wash; rinse with lukewarm water.
	Enzymé Ex-Cell	Apply; rinse with lukewarm water.
	Botanical Tonique	Tone.
	Nutra-Lift	Apply; rinse with lukewarm water.
	Botanical Tonique	Tone.
	Glyco-8	Moisturize.

POST-OPERATIVE SKIN CARE REGIMEN		
FOR TWO WEEKS AFTER SURGERY		
AM	Hydra Cleanse	Wash; rinse with lukewarm water.
	Botanical Tonique	Wipe gently.
	Bio-A Concentrate	Treatment pre-moisturizer; allow 60 seconds to penetrate.
	Derma Fade	Use as a treatment pre-moisturizer only if there is pigmentation or unevenness.
	Firma Derm	Moisturize.
PM	Hydra Cleanse	Wash; rinse with lukewarm water.
	Botanical Tonique	Wipe gently.
	Pharma-C Serum	Treatment pre-moisturizer; allow 60 seconds to penetrate.
	Derma Fade	Use as a treatment pre-moisturizer only if there is pigmentation or unevenness.
	DN-24 Hydracrème	Moisturize.

POST-OPERATIVE SKIN CARE REGIMEN (CONT.)		
TWO TIMES PER WEEK PM		
	Hydra Cleanse	Wash; rinse with lukewarm water.
	Botanical Tonique	Wipe gently.
	Enzymé Ex-Cell*	Exfoliate gently; rinse with lukewarm water.
	Botanical Tonique	Wipe gently.
	Bio-A Concentrate	Treatment pre-moisturizer; allow 60 seconds to penetrate
	Nutra-Lift	Apply lightly for 10 minutes; rinse with lukewarm water.
	Botanical Tonique	Wipe gently
	Pharma-C Serum	Treatment pre-moisturizer; allow 60 seconds to penetrate.
	DN-24 Hydracrème	Moisturize.

*Incorporate Enzymé Ex-Cell from Week Three Onward.

PATIENTS RECEIVING LASER TREATMENT TO BODY OR LIMBS PRE-TREATMENT SKIN CARE REGIMEN		
BEGIN TWO WEEKS BEFORE SURGERY		
AM	Fleur-5 Plus Cleansing Bar	Wash; rinse with lukewarm water.
	HydrO ₂ xy-10	Moisturize.
PM	Fleur-5 Plus Cleansing Bar	Wash; rinse with lukewarm water.
	HydrO ₂ xy-10	Moisturize.

PATIENTS RECEIVING LASER TREATMENT TO BODY OR LIMBS POST-TREATMENT SKIN CARE REGIMEN		
FOR TWO WEEKS AFTER TREATMENT		
AM	Fleur-5 Plus Cleansing Bar	Wash; rinse with lukewarm water.
	Derma Fade	Use as a treatment pre-moisturizer only if there is pigmentation or unevenness.
	Firma Derm	Moisturize.
PM	Fleur-5 Plus Cleansing Bar	Wash; rinse with lukewarm water.
	Derma Fade	Use as a treatment pre-moisturizer only if there is pigmentation or unevenness.
	HydrO ₂ xy-10	Moisturize.

PROBLEMS AND SOLUTIONS

PROBLEM	SOLUTION
DRY SKIN	Always rinse with lukewarm water, not hot, when cleansing. Apply PHARMA-C SERUM before applying any of Pharmagel's moisturizers. Spray BOTANICAL TONIQUE on face before using moisturizer. DN-24 HYDRACRÈME, GLYCO-8 and FIRMA DERM are very effective for dry skin types.
OILY SKIN	Oily skin benefits from using PHARMA CLEAR Anti-Bacterial Cleanser and PHARMA CLEAR Medicated Moisturizer. After cleansing and toning, alternate between HYDRO ₂ XY-10, BETA-C and PHARMA CLEAR Medicated Moisturizer. Apply PHARMA C SERUM under moisturizer in A.M. and BIO-A in P.M. Use NUTRA-LIFT and ENZYMÉ EX-CELL twice weekly.
COMBINATION SKIN	Oily center T-zone and dry facial exterior. Alternate between BETA-C and GLYCO-8 moisturizer. NUTRA-LIFT and ENZYMÉ EX-CELL should be used on oily areas twice weekly.
EYE AREA WRINKLES	First, apply PHARMA-C SERUM. Allow to penetrate, then apply COMPLEXE EYE FIRMÉ or EYE PROTÉ.
EYE AREA DARK CIRCLES	Same application as Eye Area Wrinkles. Add COMPLEXE EYE BEAUTÉ pads treatment to the daily regimen.
ACNE	For daily care, use PHARMA CLEAR Acne Treatment System. Use NUTRA-LIFT once per week and ENZYMÉ EX-CELL once per week.
FACIAL BUMPS	Pharmagel products are all noncomedogenic, which means they will not clog pores. Important products to use to control facial bumps are ENZYMÉ EX-CELL prior to shaving and NUTRA-LIFT Facial Masque.
AGE SPOTS AND SKIN DISCOLORATION	Use PHARMA-C SERUM first, then apply BIO-A CONCENTRATE on top. Follow with DERMA FADE.
LOST TONE AND ELASTICITY	Use PHARMA-C SERUM first, then alternate between DN-24 HYDRACRÈME, GLYCO-8, BETA-C and FIRMA DERM. Use NUTRA-LIFT once per week.
PUFFY, SWOLLEN EYES WITH SAGGING TISSUE AND DARK CIRCLES	Use PHARMA-C SERUM in patting motion on orbital region only, then place COMPLEXE EYE BEAUTÉ pads over lids for five to ten minutes. Apply EYE PROTÉ with a patting motion to entire eye area, including lids.
LARGE PORES	Use ENZYMÉ EX-CELL twice a week and NUTRA-LIFT once a week. Apply BOTANICAL TONIQUE. Apply a Pharmagel moisturizer.
BROKEN CAPILLARIES	Use PHARMA-C SERUM and FIRMA DERM daily. Use BIO-A CONCENTRATE and DN-24 HYDRACRÈME in P.M.
ROSACEA	Rinse with cool water and cleanse with FLEUR-5 PLUS. Spray BOTANICAL TONIQUE before using moisturizer. Apply FIRMA DERM in the A.M. and DN-24 HYDRACRÈME in the P.M.

PH LEVELS OF PHARMAGEL® PRODUCTS

PRODUCT	PH LEVEL
ANTI-AGING TREATMENTS BIO-A™ CONCENTRATE PHARMA-C® SERUM	PH 6.5 PH 6.5
ANTI-AGING CLEANSERS AND TONER HYDRA CLEANSE® SHOWER SOUFFLÉ™ BOTANICAL TONIQUE®	PH 4.5 PH 6.0 PH 4.0
ANTI-AGING EYE TREATMENTS COMPLEXE EYE FIRMÉ® EYE PROTÉ™	PH 6.5 PH 6.5
ANTI-AGING MOISTURIZERS BETA-C™ DN-24 HYDRACRÈME® FIRMA DERM® GLYCO-8™ HYDRO ₂ XY-10™	PH 5.0 PH 5.5 PH 6.0 PH 3.5 PH 4.0
ANTI-AGING SCRUB AND MASQUE ENZYMÉ EX-CELL® NUTRA-LIFT™	PH 7.5 PH 5.5
ANTI-AGING SPECIALIZED TREATMENT DERMA FADE®	PH 5.0
ACNE TREATMENTS PHARMA CLEAR® ANTI-BACTERIAL CLEANSER PHARMA CLEAR® MEDICATED MOISTURIZER PHARMA CLEAR® ACNE CONCENTRATE	PH 5.5 PH 5.5 PH 3.0

PHARMAGEL®
ADVANCED RESEARCH

Pharmagel International, Inc., Chatsworth, CA 91311 USA
Pharmagel-Great Britain, Beauty Republica, Ltd. Dist. (UK), P.O. Box 160, Brighton, BN2 IUT, England
Toll Free: 800.882.4889/Fax: 818.717.0651
E-mail: customerservice@pharmagel.net www.pharmagel.net
Formulated and Manufactured in USA

IM10

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